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Two American Way, Elgin, IL 60120.
Fax: (847) 697-5583

Thank You!

Did You Know?

Underage drinking costs Illinois \$2.9 billion a year:

- \$214 Million in direct medical expenditures
- Among Teen mothers, fetal alcohol syndrome costs \$40.5 million
- Youth ages 12-20 account for 11.2% of all Illinois treatment admissions for alcohol abuse.—*Illinois Alcohol Drug Dependency Association*

C O U P O N

3 FREE Balls

JUNE 21-24

Million Dollar Hole-In-One Event

The Highlands of Elgin (\$5 Value)



ADMINISTRATION
ELGIN OUTPATIENT
PASSAGE PROGRAM AND
EMPLOYEE ASSISTANCE SERVICE
Two American Way
Elgin, IL 60120
Fax: (847) 742-3545
(847) 697-5583 (Admin. & EAS)
info@renzcenter.com
TD: (847) 742-0242
Fax: (847) 742-3559 (Outpatient)
Fax: (847) 697-6583 (Passage)
clinical@renzcenter.com
www.renzcenter.com

ST CHARLES OUTPATIENT
309 Walnut Street
St. Charles, IL 60174
(630) 513-6886
Fax: (630) 513-6892

STREAMWOOD OUTPATIENT
1535 Burgundy Parkway
Streamwood, IL 60107
(630) 837-6445
Fax: (630) 837-7184

PREVENTION OFFICE
1845 Grandstand Place, Suite 118
Elgin, IL 60123
(847) 697-1221
Fax: (847) 697-2719
prevention@renzcenter.com

Renz Addiction Counseling Center



Mission Statement

Renz Addiction Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction. The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction related issues.

Calendar of Events

June 7
Board of Directors Meeting

June 21-24
Hole in One

August 2
Board of Directors Meeting

September
National Recovery Month



Expanding Services for the Dually Diagnosed Client

Research has shown that the abuse of alcohol, tobacco and illicit drugs is the single most serious health problem in the United States, straining the health care system, burdening the economy and contributing to the health problems and death of millions of Americans every year¹. Almost one-fourth of all stays in U.S. community hospitals for patients age 18 and older—7.6 million of nearly 32 million stays—involved depressive, bipolar, schizophrenia and other mental health disorders or substance use related disorders in 2004, according to a new report by HHS' Agency for Healthcare Research and Quality.

Often people develop a substance abuse disorder in an attempt to alleviate an emotional problem. Increasingly, here at Renz Center, we are

seeing more clients who suffer from substance abuse and a mental illness. These dually diagnosed clients require a psychiatric evaluation and treatment as well as substance abuse counseling. Substance Abuse and Mental Health Services Administration Administrator Terry Cline, Ph.D., said, "The significant number of hospital stays related to mental health and substance use disorders signals the need for an increased national effort to identify and intervene early before the conditions require a hospital stay. Too often because of social stigma or lack of understanding, individuals and health care providers don't recognize the signs or treat mental health or substance use disorders with the same urgency as other medical conditions."²

To ensure our clients receive the best and most

effective substance abuse treatment, we feel they are best served by addressing their mental health issues at the same time as their substance abuse treatment. Renz Center now has the capacity to provide these psychiatric services on-site, thanks to local grants from Elgin Township and the EFS Foundation. This funding will allow Renz counselors to refer to our on-site psychiatrist who will be able to diagnose, prescribe treatment, and monitor client progress, maintaining quality and coordination of services. Addressing the issue of substance abuse and mental illness through careful assessment and treatment will improve the quality of life in the Fox Valley communities we serve. To find out more about this new service, call our Clinical Director, Colleen Koncilja at 847-742-3545 x234.

¹Substance Abuse: The Nation's Number One Health Problem, Nels Ericson, Office of Juvenile Justice and Delinquency Prevention, May 2001].

²One in Four Hospital Patients Is Admitted With a Mental Health or Substance Abuse Disorder. Press Release, April 10, 2007. Agency for Healthcare Research and Quality, Rockville, MD. <http://www.ahrq.gov/news/press/pr2007/hcup10pr.htm>

According to reports published in the Journal of the American Medical Association (JAMA), roughly 50% of individuals with severe mental disorders are affected by substance abuse.

2006-2007
Board of Directors

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Vice President

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Colleen Koncilja
Director of Clinical Services

Rob Castillo
Coordinator of Employee Assistance Services

Lora Tovar
Coordinator of Administrative Services

Renz Center is a non-profit 501 (c)3 organization funded in part by The Federal Government, The United Way, The Department of Human Services, Division of Alcohol & Substance Abuse, Hanover Township and St. Charles 708 boards and other local community organizations.

Renz Center puts a “new groove” in drug & alcohol prevention

The Kiwanis Club of Elgin and the Ancient Free and Accepted Mason Lodge #117 provided funding to allow us to start a Hip Hop Program at Kimball and Larsen Middle Schools at the end of April. This after-school program engages middle school students in hip hop dance instruction while providing prevention education regarding teenage drug and alcohol use. Professional hip hop instructors from Hip Hop Congress of Chicago, trained in substance abuse prevention strategies, will join Renz Prevention Specialists using music and dance to relate positive messages within a structured programmatic format.



L to R: Fred McCollim, Chaplain and Past Master Mason, Patricia Baker, Director of Renz Prevention, Brik Garcia, Junior Deacon Mason, Jerry Skogmo, Renz Executive Director.

Friends of Renz Center who have donated since our last newsletter

Abbott Laboratories Matching Fund
Ancient Free and Accepted Mason Lodge #117
Corcoran, Sean
Dundee Township
Earney, Kelly
Epworth United Methodist Church
Jolie Esposito
Kiwanis Club of Elgin
Little Home Church by the Wayside
Lueth, Michael & Joyce
McKay, Michael
New Friends & Neighbors of the Dundee Area
Starbucks of Lake In the Hills

So far our Generous Event Sponsors include:

Chicago Office Technology Group
EFS Foundation
First Community Bank
Michael C. Walsh & Associates, P.C.
The Highlands of Elgin
First Chicago Bank & Trust
Lamp, Inc.
Associated Bank
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Panera
Zanies Comedy Nite Club



Alcopops Update

In the last newsletter, we encouraged readers and state legislators to act against alcopop producers who are worsening the problem of underage drinking and driving among teens in Illinois. Alcopops – such as *Smirnoff Ice*, *Mike's Hard Lemonade*, and *Bacardi Silver* – start with a malt liquor base, and then add hard liquor and sweet flavors to create a taste that appeals to teens. The alcohol industry advertises them under

looser beer and wine rules and calls them “flavored malt bev-

“Alcopop producers are worsening the problem of underage drinking and driving among teens in Illinois.”

erages” or “low-alcohol refreshers” yet distilled hard liquor accounts for up to 49%

of the alcohol volume.

Good news! SB1625, the bill banning the advertisement of Alcopops to youth, has passed out of the House Executive Committee. At print time, it was on the calendar for reading in the full House. By urging state legislators to classify alcopops as distilled spirits, we move one step closer to banning the advertising of this hard alcohol to our youth and help our teens stay safe and alcohol free.

48% of Illinois high school students report having a drink in the past month. 30% had 5 or more drinks in a row.

(Illinois Alcohol Drug Dependency Association)

De Mujer a Mujer

Woman to Woman is a program designed for Latinas to reduce the risk for HIV/AIDS in high-risk communities by providing prevention education to women and their male partners. The program is a collaboration between Renz Center and Centro de Información. Group presentations or individual meetings are available in English and Spanish. Call Mónica Quevas for more information, 847-742-3545 x245.

Valued Board Member Lauri Beu



Lauri Beu came to the Renz Center board as an Elgin Leadership Academy intern. Her enthusiastic participation led her to be elected onto the board of directors in September of 2001 and continued with involvement on the PR/Marketing Committee. Lauri is a valued member of the board who displays her dedication at every meeting, especially with every Renz fund raiser or event. In addition to her position as the Vice President of the Board, she has been a member of our Finance/Personnel Committee since 2006.

A devout Cubs fan, Lauri lives in Elgin with her husband Bruce and daughter Dayna. She is a Vice President at Associated Bank, N.A. located at 16 N. Spring Street and manages 15 locations within her district, encompassing an area that includes Aurora/Montgomery to the south and Libertyville/Waukegan/Gurnee to the north.

Renz Center is fortunate to have such a committed board member.

Thank you Lora!

Congratulations to Lora Tovar who celebrated her 20th anniversary at Renz Center. Lora started at Renz in 1987 as the Administrative Assistant and quickly moved up to her current position as Coordinator of Administrative Services. Lora has been a dedicated and loyal employee who has seen Renz Center's programs expand and grow into the comprehensive agency it is today.

Jerry Skogmo presents Lora with a black pearl and silver necklace to commemorate her 20 years of service.

