

2006-2007

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Renz Center is a non-profit 501 (c)3 organization funded in part by The Federal Government, The United Way, The Department of Human Services, Division of Alcohol & Substance Abuse, Hanover Township and St. Charles 708 boards and other local community organizations.

Hole In One a “Soggy” Success

Amateur golfers took their best shot at Renz Addiction Counseling Center’s 5th Annual Hole-in-One Shootout event held in June at The Highlands of Elgin Golf Course. Area golfers tried their skill at hitting within an 8 foot circle around the 135 yard target hole.

The three day qualifying event culminated with the semi-finals narrowing the field to 20 golfers. They were: Tom Anderson of Palatine; Kevin Bailey of Elgin; Bruce Beu of Elgin; Chris DeSart of Elgin; Frank Doroba of Hoffman Estates; Peter Gallois of Bartlett; Tom Harle of Carpetersville; Marvin Howe of Sycamore; Richard Johnson of Elgin; Tim Kyme of Bartlett; Leonard McCaw of Elgin; Ken Mroz of St. Charles; Daniel Olsen of Yorkville; Leth Pearson of Carpentersville; Chad Riddle of Elgin; Joe Stanczak of Elgin; Matt Stanczak of Cortland; Jeff Stephens of Carpentersville; Michael Stewart of South Elgin; and Angel Trevino of Elgin.

At the end of the competition, it was Chad Riddle (pictured) who held the closest attempt, landing 13’ 7” away from the one million dollar prize. The top five closest to the hole included Chris DeSart, Bruce Beu, Daniel Olsen, Frank Doroba, and Richard Johnson. Each took home a top prize.

“This year’s event was a success because of the overwhelming response we received from participants, sponsors, prize donors, board members, staff and volunteers,” said Renz Center Executive Director Jerry Skogmo, MA, LCPC. “It’s through their commitment that Renz Center can continue providing alcohol/drug prevention education and outpatient addiction treatment services to the community.”



Chad Riddle top prize winner

Sponsors of this Year’s Event included

- Chicago Office Technology Group
- EFS Foundation
- First Community Bank
- Michael C. Walsh & Associates
- First Chicago Bank & Trust Associated Bank
- Corkill Insurance
- Brown & Joseph
- Harris Bank
- J&E Duff, Inc.
- Lamp, Inc.

National Red Ribbon Week

National Red Ribbon week serves as a tribute to Special Agent Camarena, who was kidnapped and brutally tortured and murdered by drug traffickers in Mexico. This tragic event produced an immediate outpouring of grief, but over time has generated a sense of hope across

America. That hope is being kept alive through the hard work of thousands of Americans who participate in Red Ribbon events during the last full week in October. This tradition is stronger than ever today, as an increasing number of Americans are saying “yes” to a drug-free life.

October 21-29 is National Red Ribbon Week

Sober Teens Activities and Recreation S.T.A.R.



Erin Daley, Renz counselor and the innovative clinical team planned and initiated a new adolescent group in May, called “S.T.A.R”. The group combines a traditional addiction treatment group with recreation, food and lots of fun! The group begins with 1.5 hours of structured discussion during which the clients are either processing their issues or receiving education on a topic. Topics range from expressing feelings, improving communications skills, or

building new coping skills to live a sober lifestyle. After this structured part of the group, the clients are provided a meal which they help prepare. Appropriate communication skills are practiced and reinforced. After dinner, the adolescents are engaged in various activities ranging from volleyball and other outdoor games, a scavenger hunt, board games, and/or craft activities. The group is facilitated by two counselors and has met with much success.

To celebrate National Recovery Month in September you may donate \$1 - \$10 value restaurant gift certificates or gas cards to be used as incentive/reward gifts for exceptional behavior or participation in the group.

Addiction Issues at Work

Please visit our updated website at www.employeeassistanceservices.com

Most human-resource professionals say that alcohol and other drug use is among the biggest problems in the workplace, but few companies proactively address addiction issues among their employees, according to a survey from the Hazelden Foundation. Hazelden surveyed more than 1,000 senior HR professionals and found:

- 67 % said addiction is among the top workplace problem issues
- Most employers have employee-assistance programs, (like our EAS program) however, few refer workers to addiction treatment.
- Just 22 % said their employers dealt openly and proactively with addiction issues.

The report identified a series of barriers

to HR professionals ensuring that workers get proper treatment for addiction:

- 54 % struggle to get workers to talk about their problems
- 20 % lacked experience in dealing with addicted workers
- 16 % needed more information on treatment options
- 13 % felt uncomfortable approaching workers about addiction issues
- 13 % didn’t have time to deal with workers’ alcohol and other drug issues

Still, 92 percent of HR professionals said that effective treatment would improve worker productivity, and 67 percent said that access to effective treatment would reduce overall healthcare costs for employers.¹

Employee Assistance Services (EAS)

can help. We offer “ala carte” services for non-client employers that include drug free workplace training, communication skills, and stress management. In addition, we can tailor education and training to meet your specific management or employee needs. Call the EAS Coordinator Rob Castillo, at 847-742-3545 x244.

¹Excerpt from [Jointogether.org/news/July 18, 2007](http://Jointogether.org/news/July_18,_2007)



Helping Renz

- Eat at Wendy’s for Renz! Every Thursday from 6pm -8pm., Wendy’s at Springhill Mall will donate 15% of the food purchases that evening to Renz Center. Now until November 8th, play games and win prizes while enjoying a meal and raising money for Renz Center.
- Looking for an easy way to help Renz Center while getting some of your “regular” and/or holiday shopping done? Renz has two options for you:
 1. Order your pre-paid gift cards from Renz Center. We get a percentage of the purchase and you get 100% percent of your money to use for your “regular” purchases like gas, gro-

ceries, etc. OR you can also buy restaurant and specialty stores gift cards for birthdays and holiday presents. Call Lysette at 847-742-3545 ext. 246.

2. Visit igive.com. Register so that a portion of your online purchases will benefit Renz Center. Online shopping through igive.com provides you with a variety of brand name stores and specialty shopping to fit any need. Just enter: <http://www.igive.com/welcome/warmwelcome.cfm?c=22042&m=375341>

Tips for Sellers

For more than 20 years, TIPS (Training for Intervention Procedures) has been a global leader in education and training in the responsible service, sale, and consumption of alcohol. TIPS is a skills-based training program designed to teach individuals how to prevent intoxication, underage drinking and drunk driving.

Renz Center's Prevention staff have a certified TIPS trainer available to provide

instruction in English or Spanish. We offer several different versions of the training to be tailored to the specific sites where alcohol is sold or consumed. Establishments who have their staff trained in TIPS may be able to:

- Decrease liquor liability insurance rates
- Reduce the chances of being sued
- Improve customer service
- Increase staff retention

An approved BASSET (Beverage Alcohol Seller and Servers Education and Training) program recognized by the state of Illinois, this six hour training is \$45 per person. Upon successful completion of the training and test, the individual is certified for three years. For more information, contact Melina Pantoja at 847-697-1221.



Renz Prevention offers free HIV testing and counseling call Katie at 847-697-1221

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prevention@renzcenter.com

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Fax: (630) 837-7184

ST CHARLES OUTPATIENT
309 Walnut Street
St. Charles, IL 60174
(630) 513-6886
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ADMINISTRATION
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Renz Addiction Counseling Center



Celebrating Recovery Month

Renz Center congratulates those who continue to work on their recovery from addiction as we recognize National Alcohol & Drug Addiction Recovery Month in September.

National Recovery Month is a time to remind everyone that investing in treatment for alcohol and substance abuse disorders is necessary to ensure the health and well-being of our community. Research shows that alcohol and drug abuse disorders are medical conditions. In fact, treatments for alcohol and substance abuse disorders are just as effective as treatments for other chronic conditions, such as high blood pressure, asthmas, and diabetes.

More than 72 medical conditions have risk factors that can be attributed to substance abuse. Investing in treatment programs for people with alcohol and drug abuse disorders can prevent the onset of long-term medical illnesses, ultimately saving lives and decreasing long-term costs.

According to the 2005 National Survey on Drug Use and Health: National Findings, nearly 21 million Americans needed but did not receive treatment for alcohol or drug use in 2005, and almost 77 percent of adults classified with substance dependence or abuse were employed. The survey concluded, however, that after one year of treatment, people reported a significant reduction in their alcohol and drug use, increases in employment and income, and decreases in homelessness.

Working to educate residents of the importance of substance abuse treatment, Renz Center encourages people to seek treatment for substance abuse disorders and reclaim their lives and health. To promote the hopeful and healing message of recovery, Renz Center is participating in the 18th annual observance of National Alcohol and Drug Addiction Recovery Month and providing free assessments

on September 19th from 11 am to 8 pm. By investing in yourself, a family member or friend, you will also be investing in the best interests of our community.

"Providing treatment for people with substance abuse disorders is directly related to improvements in their health and safety," said Renz Center Executive Director Jerry Skogmo, MA, LCPC, "as well as a reduction in healthcare costs. Treatment today is more cost efficient and works toward getting an individual back on track and contributing to our community. Studies have shown that treatment is cost effective showing a benefit to cost ratio of 7:1." Renz Center strives to make treatment affordable and accessible. By utilizing insurance, Medicaid and/or a sliding fee scale, many people are able to afford treatment that may otherwise be unattainable. "Anyone seeking treatment can receive it at Renz," said Skogmo, "no one is turned away."

To celebrate National Alcohol and Drug Addiction Recovery Month in September, Renz Addiction Counseling Center will provide free substance abuse assessments on September 19, from 11 a.m. to 8 p.m. at Two American Way in Elgin. No appointment necessary.

Mission Statement
Renz Addiction Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction. The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction related issues.

Calendar of Events

September is National Recovery Month

October 15th is National Latino HIV Awareness Day

October 21-29 Red Ribbon Week

December 1, 2007 World Aids Day

