

2003-2004
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Message from Board President Joyce Lueth

We are coming to the end of our fiscal year and my two year term as President. I have thoroughly enjoyed serving as president of an agency that is so well regarded in the community. The dedicated staff fulfill the mission of the Center to improve the health and the lives of the residents in the communities we serve.

I am proud of the agency's accomplishments under the fine leadership of Executive Director, Jerry Skogmo, in spite of a very difficult economic climate for business and especially non-profit organizations.

In the past year we have expanded our programming to meet community needs.

This has included additional and more specialized adolescent family treatment programs. We have implemented outcome measurements to enhance accountability and demonstrate proven results in



our prevention and treatment services. Our Hole-in-One fundraiser was a success and we look forward to the second annual event held in June. Moreover, we held a successful "Mardi Gras Evening of Art" auction and gala in February.

I would like to thank everyone for their work and support during the last two years. I eagerly look forward to my role as Past-President of the board of directors and expect many more positive accomplishments in the future for this fine organization.

Carlos Chevez Takes Part in Exchange Program

The California-Mexico Health Initiative, through the University of California, invited HIV/AIDS Program Director, Carlos Chavez, to participate in the second half of the Promotoras Exchange between the United States and Mexico. Last October, 23 Mexican Promotoras visited the United States during Bi-

national Health Week. During the week of April 25th through May 1st, American Prevention Specialists, like Chavez, traveled to Mexico to learn prevention methods used in rural communities where the Promotoras work. It is an honor for Chavez to be one of only 25 professional HIV/AIDS prevention lead-

ers throughout the United States invited to participate. Chavez was chosen for his many years of work and expertise in the community with HIV/AIDS prevention. Chavez is also one of a very few who are certified by The Red Cross to train other professionals in HIV/AIDS prevention. Congratulations Carlos!

Employee Anniversaries

Patti Anderson
8/89

Patricia Baker
7/02

Carolyn Clark
7/03

Dave Crement
6/99

Pat Dowling
8/01

Colleen Koncilja
6/93

Terri Lee
8/01

Jodi Macaluso
6/03

Barbara Mills
6/02

Barbara Pachmayer
6/00

New To Renz Staff Deb Howe

I would like to introduce myself. My name is Deb Howe and I joined Renz in April as the full time Marketing & Development Director. I have a BSW degree and for the last 15 years have been the Executive Director of Big Brothers Big Sisters of the Fox Valley in Elgin. An Elgin resident, I have 20 years of experience in the non-profit sector working with children and families. I have had to wear many "hats" during the last 20 years, but the ones I enjoy the most include volunteer management, public relations and special event fund raising. I am happy to be a part of the



Renz team. I look forward to learning new things, and I hope to contribute to Renz's success in our mission to "help others on their pathway to wellness." I am also your newsletter editor, and welcome ideas and comments on ways to help make this publication meet your needs. I would welcome the opportunity to meet with anyone who would want to learn more about Renz and/or how they can be a part of the network of volunteers making a difference for the adults, youth and families of Renz. Give me a call at 847-742-3545 X 236 or e-mail me at dhowe@renz-center.com

In Appreciation of Service

Sue Moylan has served on the Renz Board of Directors since the fall of 1993. Her term limit will expire in June. The board and staff are grateful for the 10+ years of service she has given the agency. A past President, when asked to comment on her time at Renz Sue responded, "It has been an honor to serve a cause near and dear to

*Thank
You!
Sue
Moylan*

my heart. During my time on the board we have built on the strengths that were there before and have become more visible in the community. I enjoyed serving with the past and present board members and look forward to continuing my support of the agency in the future." We thank Sue for all her hard work and support.

Spotlight on Patricia Baker

The Renz Prevention Program is fortunate to have Patricia Baker at the helm as Coordinator of Drug & Alcohol Abuse Prevention. An Elgin resident, Patricia has a background in marketing and program development in the health field. She began her association with Renz Prevention as a part-time consultant in July of 2001. We quickly learned she was uniquely skilled to implement youth/prevention programming, write grants, and do it



all with flair! Patricia started the Project Alert Program, a 12 week Drug Prevention Program for middle school youth, in July of 2002 (when she became full time) and is especially

proud of the mural project she is spearheading with her collaborators: Elgin Leadership Academy, Elgin Housing Authority and the Centre of Elgin. (Unveiling of the mural project is on May 25th at The Centre of Elgin, see page 1.) Patricia states she "loves working for Renz Center" and is excited about the change in philosophy for Prevention programming. Patricia agrees with the new philosophy aimed at implementing environmental strategies to effect change. For example, as our goal is to prevent youth from using and abusing drugs & alcohol, we should be concerned with creating an overall environment that is free of drugs & alcohol to have the best chance of preventing use & abuse. Patricia and her gifted staff make the Renz Prevention Program an integral part of the solution for youth in the northern Kane County and western Cook County area. We're lucky to have Patricia on our team and we're thankful for the all the talent she brings to the agency.

Did you know . . .

- 20% - 25% of the US workforce experiences daily problems that directly impact job performance and productivity.
- Cost of lost productivity for the illness of major depression, in corporate America, is over \$31 billion annually.

- According to the U.S. Department of Labor, employers that invest in employee assistance programs (EAP'S) save an average of \$4 to \$17 for every dollar they invest. If you would like additional information on how EAS, Inc. can help your employees maintain their productivity and increase your staff morale please contact us at (847) 742-3545 ext. 244.



The Renz Center Board of Directors at the Mardi Gras Celebration

Adolescent Services

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gram and was added to our clinical services in February of 2004. IOP is designed for youth who meet diagnostic criteria for substance dependence. Many youth receive IOP services as they return to their community upon completion of an inpatient/residential treatment program. Other youth may have been struggling to maintain abstinence in outpatient treatment and needed a more structured program. And lastly, some of our youth need a more intensive program because they have a severe

and extensive use history.

For each program, the client's length of stay is dependent on many factors such as abstinence length, family support, structure and progress in making positive changes. Like all clinical treatment services, adolescent treatment services are offered to individuals utilizing a sliding fee scale. No individual is ever turned away for inability to pay. Insurance and Medicaid is also utilized for payment.

For more information about our clinical services for youth, please contact one of our clinical offices.

Mural Project

Continued from page 1

business as well as various locations within the city. On special community events, such as, the Just Say No Youth Rally this summer, the panels will come together as one unit.

The mural project is a way to impact the entire community not just the approximately 3,000 individuals that the Prevention Program routinely services. Individuals do not become involved with substances solely because of personal characteristics. Rather, they are powerfully influenced by a complex set of factors in the environment, such as rules of

the social institutions to which they belong, the norms of the community, the mass media messages to which they are exposed and the accessibility of alcohol, tobacco and illicit drugs. The mural project is a way to promote the message of the national anti-drug campaign.

Renz and Elgin Leadership Academy hope that this is just the first of many such murals created by the youth of Elgin for the community. To become involved in future mural projects please contact, Patricia Baker, Prevention Program at 847/697-1221.

6th Annual Mardi Gras "Evening of Art"

The Mardi Gras Evening of Art event in February was a grand event with 225 guests in attendance. Held at the Holiday Inn & Suites, the evening included carving stations, raffle baskets, and artwork presented by State of the Art Fundraising Art Auction Ltd. As participants gazed at the 250 pieces of artwork they were entertained by the Larkin High School Jazz Ensemble. The Julie McCormack Award was presented to Bob Hansen of Community Unit School District 300. The award was named to honor Julie McCormack, a former Renz board member and volunteer who was instrumental in building on the success of the Renz Gala each year. To put the evening in perspective, a client of Renz services, Sarah, shared her personal and inspirational story of addiction and the path to recovery. Thanks to all the volunteers and sponsors who supported the event with their contributions. They are: Dayna Beu, Kim Crown, Rachel Doherty, Joyce Lueth, Cindy Marcellis, Justin Mallard, Sue Moylan, Laura & Stephan Newman, Beth Raines, Richard Tamme, students from St. Edward's H.S.: Brandon, Brian, Juan, Marc, and Sam, the Gala Committee: Laurie Beu, Guy Oberwise, Dee Reinhardt, Julie Schmitz, and Sylvia Wetzel, and the Renz Staff. Sponsors include: Advantage Financial Service Group, AKS Enterprise, Amcore Bank, Breakthrough Selling, Cardinal Savings, Distinctive, Eastgate Manor of Algonquin, Elgin Financial Foundation, First Community Bank, Gasthaus Zur Linde, Howard Sportswear Graphics Express, Inc., Kirkpatrick, Jones & Sharf, Lamp Incorporated, LaSalle Bank, Lundstrom Insurance, Milnamow Agency, Mueller & Company, National City Mortgage, Provena St. Joseph Hospital, Cindy R. Rauschenberger, D.D.S., M.S., Rayner Covering Systems, Renz Board Members, Rosecrance, Stark & Company, State Financial Bank, Dr. Westeron Stephens, III, Twin Arts Printing, and Wessels & Pautsch, P.C., .

Basket Raffle Donations from: Dr. Clare Ollayos, Cucina ZaZa, Manning Siverman & Co, First Community Bank, Mill Creek Golf Club, Michael C. Walsh & Associates, Dee Reinhardt Photography, Dundee Animal Hospital, Home & Haven Interiors, Sue Moylan, Curves, Card & Camera, Nichols Insurance Agency, Delnor Community Hospital Health & Wellness Center.

Thanks Kiwanis Club!

On November 11th, 2003 The Elgin Noon Kiwanis Club presented a check for \$2,200 to the Renz Center. The funds were used to help purchase educational materials for Early Intervention Services. We thank the Kiwanis for their generous donation in helping Elgin's youth.

EAS, Inc. Continues to Grow

Employee Assistance Services, Inc (EAS), a program of Renz Addiction Counseling Center continues to expand its services. EAS is most commonly referred to as an Employee Assistance Program. It is a 24-hour company sponsored program designed to help employees and their dependents with personal, family, or work related problems so that they may maintain the highest productivity at their

workplace.

Recently EAS has added two new client contracts. We are proud to announce the addition of the Law Firm of Schwarz, Weiler and Lengle, P.C. and the Gail Borden Library. EAS is looking forward to assisting their employees maintain a productive work life.

In addition, EAS is expanding its training programs for our existing client companies, as well as other

interested companies. We have received numerous calls for our drug free workplace training, stress management, team building and sexual harassment programs.

In 2004, we look forward to completing the design of our own Website which will include quarterly articles and a special link for all employees of our client companies to access. We have also started to offer services in Spanish.



Restoring Hope... Reclaiming Lives

Sarah, a client of our women's program, Passage, shared that "treatment has helped her with every aspect of her life." It helped her rebuild her marriage, become a better mother, and assisted her in being able to return to a job within her profession. "Renz has always worked with me no matter what my financial situation was. Treatment at Renz has always been affordable for me even when my insurance was exhausted." Sarah also identified that

treatment at the Renz Center, "was tailored to her individual needs." She felt that the weekly individual counseling sessions offered her a time to be open and honest to explore what changes she needed to make in her life.

There are many others in our community like Sarah, who are courageous in their journey to maintain their sobriety. Thank you to all the generous supporters of Renz that make it possible to restore hope and reclaim lives.

Renz Clients giving back, Food Drive is a Success!

Renz Center recognized National Alcohol Awareness month on Tuesday, April 27. That day, all Renz clients were asked to support the local community food bank by bringing a non-perishable food item into the center where they receive services. Renz Center recognizes the hard work required of people

in recovery. It is also important for clients to give back to the community.

Donating to the food bank was a reminder that there are others that need our attention as well. We thank all those that participated and thank the staff for their participation in delivering the food to the local pantries.

*Don't Miss The Million Dollar
Hole-in-One Shootout! — June 23-27th*

Did you know . . .

- More than 9 million children live with a parent dependent on alcohol and/or illicit drugs.*
- More than half of all adults have a family history of alcoholism or problem drinking.**
- Untreated addiction costs America \$400 billion per year.^

*Brown University Center for Alcohol and Addiction Studies, 2000

**Position Paper on Drug Policy Physician Leadership on National Drug Policy, Brown University, 2000

^Substance abuse: The Nation's number one health problem, Brandeis University, 2001

Program Overviews

PREVENTION PROGRAMS

Implement environmental strategies targeted at promoting healthy behaviors in the community.

Comprehensive bilingual prevention services offered include alcohol, tobacco and other drug prevention; delinquency prevention and conflict resolution.

- Youth Programs – Project Alert! Girl Power!
- HIV/Aids Program – Education/Prevention and Community Outreach.

CLINICAL PROGRAMS

Consist of individual and group counseling, education

groups and relapse prevention counseling. Continuing care groups are available for those who wish to remain involved in the ongoing recovery process.

- Adolescent Services offers programming specifically for adolescents who may be experimenting with alcohol and/or other drugs and for those who have begun to use substances on a regular basis. Treatment services are also available for those who are abusing substances or are dependent. Treatment is tailored to fit the adolescent client's needs.

- Intensive Outpatient Adult Treatment Program provides the necessary support, education and structure for abstinence while allowing client to continue to function in their work and family settings.
- DUI (Driving Under the Influence) Program offers comprehensive services for those who have been charged with a DUI.
- Passage Program for Women provides a safe and supportive environment where women can begin recovery and support each other. Pregnant women have priority.

Free childcare provided.

- Gambling Program includes individual, family and group therapy while educating clients on the components of problem and compulsive gambling.
- Family Program provides education and support to those who are in a relationship with someone who abuses substances or has a gambling problem.

EMPLOYEE ASSISTANCE SERVICES (EAS) is a 24 hour company sponsored program designed to help employees and their dependents with personal or family problems.

1845 Grandstand Place, Suite 118
Elgin, IL 60123
(847) 697-1221
Fax: (847) 697-2719
renzcenter@aol.com—www.renzcenter.com

PREVENTION OFFICE

1535 Burgundy Parkway
Streamwood, IL 60107
(630) 837-6445
Fax: (630) 837-7184

STREAMWOOD OUTPATIENT

309 Walnut Street
St. Charles, IL 60174
(630) 513-6886
Fax: (630) 513-6892

ST CHARLES OUTPATIENT

Two American Way
Elgin, IL 60120
(847) 742-3545
Fax: (847) 697-5583 (Admin. & EAS)
TDD: (847) 742-0242
Fax: (847) 742-3559 (Outpatient)
Fax: (847) 697-6583 (Passage)

EMPLOYEE ASSISTANCE SERVICE PASSAGE PROGRAM AND

ELGIN OUTPATIENT ADMINISTRATION





Pathways

guiding people to a pathway of wellness

volume 6 • issue 1 • summer 2004

Mission Statement

Renz Addiction

Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction. The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction related issues.

Calendar of Events

May 25th

Mural Reception 5:00 p.m. in the Heritage Room at the Centre of Elgin

June 23-27

\$1,000,000 Hole-In-One Shootout! at the Highlands of Elgin

Adolescent Services

Renz Center offers an array of clinical services to young adults. Our services vary depending on the young person's severity of use, family support, psychological issues, and treatment history. We offer early intervention services, outpatient and intensive outpatient treatment services.

Early Intervention Services incorporates education about alcohol and other drugs and provides practice utilizing refusal skills. The Early Intervention Program is for adolescents who have no

pattern or substance abuse history. Addressing the myths about drug use and identifying where there is positive support available for the teen is vital. Within this program, the clinical team offers on-site services to various community schools and provides counseling services to high risk youth.

Outpatient Treatment Services are for youth who meet diagnostic criteria for substance abuse or substance dependence. Individual, group and family counseling is provided. Group sessions

allow for both "open" time to process personal struggles and time to provide education tailored to the group's needs. Individual counseling focuses on identifying what happened when the youth began using, what the positive and negative things that he/she received from using, and finally, exploring what can help motivate the youth to make positive changes and whom in their lives can support that change.

Intensive Outpatient Services (IOP) is a new pro-

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Renz Unveils Mural Project May 25th

Renz has been working collaboratively with the Elgin Leadership Academy since last October to bring murals with anti-drug messages to the city of Elgin.

The mural project, consisting of five panels that are 3' X 5', are themed - family, friends, life, trust and faith...The Anti-Drug. On April 29, 2004, youth from The Centre

will be painting the murals. On May 25, 2004 from 5pm to 7pm the murals will be officially unveiled at a ceremony in the Heritage Room at The Centre.

The business and professional communities have been active supporters of this project. Home Depot, Julio Cesar Valdez, Attorney, Azteca De Oro and EFS Bank, have all sponsored panels. The panels will reside in the contributor's place of

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