



**Renz
Addiction
Counseling
Center**

Annual Report 2007

*Restoring Hope...
Recovering Lives*

Moving Forward and Continuing to Adapt

In 1961 Jim Renz and a group of local business leaders founded what was then called Community Concern for Alcoholism. The impetus was the high incidence of alcohol abuse in the workplace and the community in general. This organization was created to combat them. In 1972 the agency's name was changed to Community Concern for Alcohol and Drug Abuse (CCADA) to reflect the proliferation of drugs in our society and the increasing drug use in our community. The organization responded to the need in a decisive fashion and began to provide more services for those abusing alcohol and other drugs. In 1985 CCADA was changed to Renz Addiction Counseling Center to honor Mr. Renz, the first Executive Director. Drug abuse prevention programs expanded in recognition of the importance prevention plays in the lives of students. Programs at local schools were solidified and the number of services expanded. At the same time, Renz Center was evolving with addiction treatment, conforming to standards of treatment, hiring certified counselors, and creating specialized services to meet varied needs.

In 1999, motivated by the need for more space and the advantages associated with ownership, Renz Center purchased a building at the current location, Two American Way in Elgin. In fiscal year 2007, the Center is planning to expand again. The area's growing population translates into more people needing addiction prevention and treatment services. The Center has a severe space shortage and a stronger than ever need for adolescent treatment programs, alcohol and drug prevention services for youth and HIV prevention and education services.

We have set a tone over the years for adapting to changing conditions. Our goal is to offer our clients and patients help, hope and recovery in a healing environment. We appreciate your support in the past as we strive to provide community residents with comprehensive substance abuse prevention and treatment and other related services. With your support we can continue our tradition of responding to the needs of the community and making them healthier and safer for everyone.

Sincerely



Executive Director

Sincerely,



Board President

2007

Board of Directors

Laura Newman
President

Lauri Beu
Vice-President

Bob Hansen
Treasurer

Board Members
Susan Angell-Case
Rev. Allen Belanger
Jolie Esposito
Dr. Ian Jones
Brian Monson
Stephen Page
Terrie Rosenberg
Sherry Totzke

**Board Member
Emeritus**
Ron Razowsky

Administration

Jerry Skogmo
Executive Director

Rob Castillo
Coordinator of EAS

Deb Howe
**Director of Marketing
& Development**

Colleen Koncilja
**Director of Clinical
Services**

Lora Tovar
**Coordinator of
Administrative
Services**

Clinical Program— Individualized Care

Clinical Services' main goal is to offer individualized care for people in the community who have alcohol/drug/gambling related treatment concerns. We offer a menu of services, including specialized groups for individuals who have had no prior treatment, to those who have just completed residential treatment and those who have experienced several prior treatments. We also address special needs with topics such as:

- relapse prevention strategies
- stress management
- coping skills to manage feelings
- understanding and balancing recovery for the dually diagnosed (substance abuse and mental disorders)
- changing criminal thinking behaviors

Our Passage Program continues to be a safe place for women to

receive individual and group treatment as they share gender specific issues. Pregnant and parenting women are given priority for treatment and free child care is provided.

New Programs in 2007:

The Sober Teens Activities and Recreation or "STAR" Group began in May within our adolescent treatment program. Counselors recognized a need for our teen clients to experience enjoyable activities without the use of drugs or alcohol. STAR combines traditional group treatment with recreational and social activities with an emphasis on having fun! Enjoyment improves group rapport and trust which leads to a more valuable group treatment experience.

The Sheridan Program serves clients who were sentenced to the

Illinois Department of Corrections due to a drug related offense. Sheridan is a unique prison specifically for inmates who have had drug related convictions. They receive daily substance abuse treatment as well as vocational and educational assistance. Once the individual is released on parole, they transition back into the community with Renz Center's substance abuse treatment services. Counselors also assist and support the individual's community reintegration process.

Continued Collaborations:

Our strong desire to collaborate with other community agencies, school and the Counties legal system continues. We appreciate our relationships with:

- Kane County Juvenile Drug Court
- Community Crisis Center

- Community Unit School District #300
- Streamwood High School
- Elgin PADS
- Kane County Adult Drug Court
- Kane County's Second Chance Program
- Lazurus House
- Children's Home and Aid Society
- Ecker Center for Mental Health
- Elgin Mental Health Center

This past year we helped many people understand how their substance abuse, substance dependence, and/or compulsive gambling has hurt their families, friends, and themselves. We have intervened at critical times and have assisted people in choosing a healthier, safer lifestyle.

Colleen Koncilja,
LCSW, CADC, CCGC, OHEIC

2008 Funding Sources

Renz Center is a non-profit 501(c) 3 organization funded in part by:

City of Elgin
Dundee Township
Elgin Township
Far Northwest Suburban United Way
Geneva 708 Board
Hanover Township Mental Health 708 Board
Illinois Department of Human Services—
Bureau of Substance Abuse & Prevention
Illinois Department of Human Services—
Division of Alcohol & Substance Abuse
Illinois Department of Public Health
Schaumburg Township 708 Board
St. Charles 708 Board
The Federal Government
United Way of Elgin
United Way of Central Kane County

82% of clients surveyed feel they have made a lot of progress since coming to Renz Center.

Donors



Jim Renz is pictured here with Renz Center staff at the Mardi Gras Murder Mystery Event.

Abbott Laboratories
Aids Foundation Of Chicago
Ala Carte Entertainment
Al's Café and Creamery
Ancient Free and Accepted Mason Lodge #117
Anderson, Tom
Andrade, Angie
Anetsberger, Justin
Angell-Case, Susan & Case, Gary
Asplund, Phil & Marion
Associated Bank
Austgen, Cristen & Scott
Bailey, Kevin
Belanger, Rev. Allen & Mary
Beu, Bruce & Lauri
Beyer, Karen
Biaggi's Ristorante Italiano
Big Apple Bagels
Bonefish Grill
Brittain, Randy
Brown & Joseph
Cannizzo, Tracy & Russ
Cardunal Savings
Ceithaml, James W.
Chicago Cubs
Chicago Office Technology Group
Chicago Wolves Pro Hockey
Citizens For Rauschenberger
Claim Jumper Restaurants
Corcoran, Sean
Corkill Insurance
Crown, Mark & Kim
DeSart, Chris
Dominic, Tami & Tony
Doroba, Frank
Dundee Township
Earney, Kelly
ECC - G.L.O.B.E.S. Diversity Club
Ecker Center for Mental Health

EFS Foundation
Elgin Woman's Club
Emmett's Tavern
Entourage
Epworth Methodist Church
Esposito, Jolie
Evers, Richard & Doris
Felicetti, Dorothy
First Chicago Bank
First Community Bank
Francesca's Campagna
Furlong, Todd
Gallois, Peter
Gilman, Jeff
Gilmore Marketing Concepts
Ginestra, Dawn
Grand Victoria Foundation
Great Lakes Sportfishing
Hampton Lenzini & Renwick
Hansen, Bob
Harle, Tom
Harris Bank of South Elgin
Hart, David
Herb's Bakery Inc.
Holtz, Ken & Marcia
Homes & Land Magazine
Howe, Deb & David
Howe, Marv & Marilyn
IHC Construction Co., LLC
ITW Foundation
J&E Duff, Inc.
Jackson, Kristeena
Johnson, Richard
Jones, M.D., Ian
Kane County Cougars
Karlín, Robin & Michael
Kellenberger Electric
Kiwanis Club of Elgin
Koncilja, Frank & Colleen
Kountry Kennels

Kovar, Michelle
Kyme, Tom
Lamp Inc.
Leifheit, Diana
Little Home Church by the Wayside
Lone Star Steakhouse
Lube Express
Lueth, Micheal & Joyce
Manning Silverman & Company
Mavraganes, Sue
McCaw, Leonard
McClung, Jim
McCulloch, Helen
McKay, Michael
McMillin, Jim
Michael C. Walsh & Associates
Miller, Ruth
Miner, Elmer
Moylan, Bill & Sue
Mroz, Ken
Newman, Laura & Steve
Nichols, Robert & Janet
Nick's Pizza & Pub
Nowicki, James
Page, Stephen
Panera Bread
Pearson, Leth
Pelletier, Jon
Pesenko, Ronald
Peterson, Richard
Power, Kevin & Marianne
Provena St. Joseph Hospital
Razowsky, Ron & Barb
Reinhardt, Dee

Renz, James & Lois
Reyes, Agustin
Richter, Dolores
Robinson Legal Services
Robinson, Bret
Robinson, Richard
Sadjadi, Shirley
Schaumburg Flyers
Skogmo, Jerry & Mindy
Smith, David
Smith, Scott & Helen
Spring Hill Gymnastics, Inc.
St. Mary's Church of Gilberts
Stanczak, Joe
Stanczak, Matt
Starbucks of Algonquin
Stephens, Jeff
Stewart, Stephen
Sztukowski, Andrew
Thoren, Dave
Tighe, Kress & Orr, P.C.
Totzke, Sherry
Tovar, Lora
Town of Elgin
Trevino, Angel
Van Parys, Jamie
Vodicka, Ann
Walter E. Smithe Furniture Store
Wehler Peterson & Associates
Weiner and Eglit Ltd.
Worksite One Resources
Zanies Comedy Nite Club
Zurich Foundation

Children of problem gamblers have been shown to have higher levels of use for tobacco, alcohol, drug use, and overeating than their classroom peers.

(Gupta & Derevensky, 1997)

Youth Prevention

We appreciate the participation in our annual events and the generous donations made on behalf of Renz Center. Each donor has a special way of making a difference for Renz Center.

We understand there are many requests for help and we are honored to receive your support.

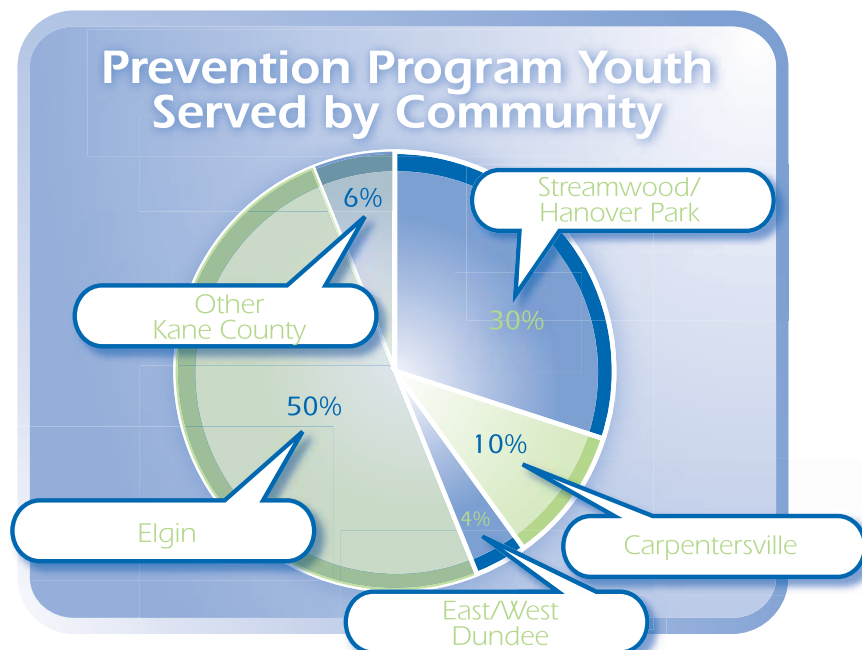
We make every attempt to ensure accuracy in our donor list. Please contact the office at 847-742-3545 x236 if we have missed or misspelled your name. List represents donations and planned giving information received by July 1, 2006 through June 30, 2007.

Educating our youth on the dangers of alcohol and drug use is paramount to curbing future addictions – the core objective of Renz Center’s Prevention Program. Providing programs in both English and Spanish, our Prevention Specialists work with community-based organizations and schools to reach out to youth ages 11-14 and provide the facts about drugs, alcohol and tobacco use. Engaging students in role playing situations to help them manage their feelings and providing ideas for healthy activities is the foundation for a drug-free lifestyle.

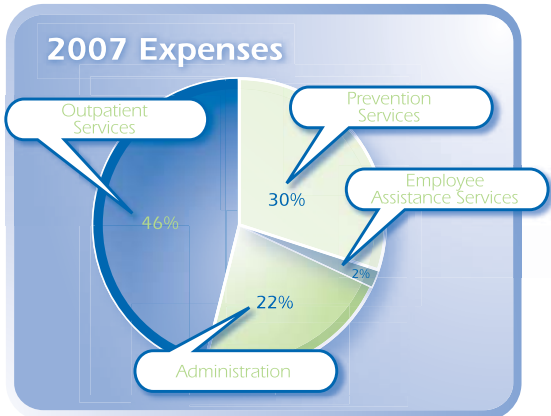
Alcohol & Substance Abuse Prevention Highlights:

- Participated in the National Night Out at Boys and Girl Club of Elgin and Garfield Elementary School in Elgin.
- Continued a collaboration with the Elgin Resident Officer Program (R.O.P.E.) officers helping to facilitate R.O.P.E.S. Camp, National Night Out and R.O.P.E.S. Family Program.
- Implemented “Project Alert” -- a middle school program, delivered during health or science classes, geared toward tobacco, alcohol and drug abstinence education -- in Canton, Kimball, and Larsen Middle Schools, and Larkin Center.
- Facilitated an after-school “All Stars” program at Kimball and Larsen Middle Schools. This interactive program teaches middle school-age adolescents the risks associated with substance use, violence, and premature sexual activity.
- Provided “Girl Power!” curriculum, a girl empowerment program at Washington and Creekside Elementary Schools in Elgin, as well as Centro de Information in Hanover Park.
- Organized a Snowflake program at Dundee Middle School for students to gain knowledge and experience with alcohol/drug educational peer leadership.
- Conducted a “Making Smart Choices” seminar at Larkin Center in Elgin.

All of Renz Prevention programs are science based model programs that have proven to produce positive change regarding youth’s substance use / abuse attitudes and behavior. Effective prevention programs, like Renz Prevention, help strengthen youth, families and our community.



2007 Financial Report



Current Assets

Cash and Cash Equivalents	\$ 569,441
Accounts Receivable	369,975
Prepaid Expenses and Deposits	18,203
.....	957,619

Property and Equipment

Land	\$ 371,028
Building and Improvements	643,196
Furniture and Equipment	367,233
Total Property and Equipment	1,381,457
Less: Accumulated Depreciation.....	(463,344)..... 918,113

Total Assets..... \$ 1,875,732

Current Liabilities

Accounts Payable	\$ 38,554
Current Portion of Long-Term Debt	37,404
Accrued Compensation	21,742
Accrued Real Estate Taxes	0
Accrued Vacation Pay	50,146

Total Current Liabilities..... 147,846

Long-Term Liabilities

First Mortgage Payable, Less Current Portion Above	383,375
Total Liabilities	531,221

Unrestricted Net Assets – Undesignated

Designated for Capital Improvements	271,085
---	---------

Total Unrestricted Net Assets

Total Liabilities and Net Assets	\$ 1,875,732
--	--------------

Service Impact to the Community

Clinical Outpatient Substance Abuse / Gambling Treatment:

- Provided 27,481 hours of counseling services.
- Served 1085 clients (734 males and 351 females)
- Provided 97 clients with HIV tests through the HIV counseling and testing program.

Renz Youth Prevention Education Service:

- Provided prevention education activities and materials to 3250 youth in schools and organizations to educate youth on the realities of drug use and present positive behavior choices.
- Participated in community events to promote healthy behaviors.

Renz HIV Prevention Education Services:

- Provided community outreach prevention education counseling and HIV testing for 701 people.
- Outreach staff doubled the number of newly identified persons testing positive for the HIV virus.
- Served 341 Latinas and 32 Latinos in a prevention education program for women and their partners through De Mujer a Mujer.

Mission Statement

Renz Addiction Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction.

The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction related issues.

Employee Assistance Services

Employee Assistance Services (EAS) welcomed new clients, new staff and provided more training than ever before. EAS offers 24 hour behavioral health services to employees of contracted companies. In addition, the program is also able to provide specialized trainings to meet an individual company's needs. Rob Castillo,

Program Coordinator, conducted Drug & Alcohol in the Workplace Seminars to several organizations in addition to a community-wide supervisor training at Elgin Community College last year. EAS continues to respond to employer needs in the area and can now provide our counseling services to Spanish speaking employees.

Remembering Patricia

Patricia Baker was only employed at Renz Center for 6 years but the impact of her work in Prevention will long be remembered. Working as a Renz consultant before serving as the Prevention Director from 2002 - 2007, Patricia was instrumental in the expansion of HIV/AIDS programming at the Center. She secured a \$1,000,000 Substance Abuse and Mental Health Service Administration (SAMHSA) grant for HIV/AIDS outreach, prevention education & testing, an international grant with Oaxaca, Mexico as well as many other HIV/AIDS related program grants. She started the first transgender/transsexual group in northern Kane County to provide much needed support and education prevention to encourage safe and healthy lifestyles. A knowledgeable

representative of the lesbian community in the north-west suburbs, she also demonstrated great leadership by establishing and facilitating GLBTQ groups for male and female youth. Developing alcohol, tobacco and other drug education prevention workshops for high school students, she was especially aware of providing specialized HIV/AIDS prevention education outreach to the Latino community. Her innovative and positive influence engaged the community in drug prevention strategies including coalition work with the Elgin Gang & Drug Task Force. Even though she lost her five year battle with breast cancer on September 16, 2007 she created a team of staff members who will carry on her philosophy of compassionate care and education for those in need.



Patricia spearheaded the anti-drug mural campaign with local companies sponsoring one of the six panels representing an alternative to drugs. Patricia is seen here with then Elgin Police Chief Miller.

Congratulations are in Order

Congratulations to HIV Prevention Program Coordinator Katie Stauffer for being nominated to the Illinois HIV Prevention Community Planning Committee (PCPG). This Committee recently expanded to include areas of Cook County where EPI data indicates a significant increase in new HIV cases.

Teens Getting the Message

Something important is happening with American teens. They are getting the message that using drugs limits their futures, and they are turning away from the destructive patterns and cruelly misinformed perceptions about substance abuse that have so damaged previous generations.”

Source: Director of the National Drug Control Policy John P. Walters, as documented in a September 7, 2006 Substance Abuse and Mental Health Services Administration (SAMHSA) press release.

Research has shown that areas of the brain that encourage impulsive behavior develop earlier than those areas that improve self control and inhibit risk taking behavior, underscoring the importance of prevention activities.

(Spear, L.P. , March 2002, *The adolescent brain and the college drinker: biological basis of propensity to use and misuse alcohol. Journal of Studies on Alcohol, Supplement No. 14: 71-81.*)

HIV/AIDS Prevention

Renz Center's HIV/AIDS Prevention Program plays an active role in preventing the spread of the HIV virus while also educating individuals about substance abuse. Our outreach educators interact with high-risk populations to provide them with the tools necessary to make safer and healthier choices.

Reaching out to the Latino Community

- Implemented a grant from “Sisters Informing Sisters about Topics on AIDS” (SISTA), a science based group reaching out to provide HIV/AIDS prevention education.
- Provided Corazon, a Latino community-based organization in Cicero, IL, with prevention interventions such as high reduction counseling/testing and a Latina SISTA group to high-risk individuals in the Cease Fire program and in area bars.
- Hermanos de Luna y Sol, a program for Latino Men Having Sex With Men (MSM) funded through Substance Abuse Mental Health Services Administration (SAMHSA), has reached out to more than 100 Latinos living in the Chicago northwest suburbs. This is the only HIV/AIDS and substance abuse prevention education program of its kind for Latinos in the suburbs of Chicago.
- HIV/AIDS and substance abuse support groups are also available to Latinos, and offers reinforcement of safe behaviors for participants and the opportunity to discuss important issues.
- Renz Center goes international ... The AIDS Foundation of Chicago awarded Renz Center funds to develop educational materials in collaboration with COESIDA Oaxaca in Mexico. COESIDA is a state agency that provides HIV/AIDS Prevention Education and primary care to those individuals living with HIV.
- Initiated DeMujer a Mujer, a program geared toward sexually active female Latinas who are in monogamous, drug-free relationships with at risk sexually transmitted disease partners. This program focuses on HIV/AIDS prevention and testing, as well as factual information regarding sexuality.
- Sponsored an educational conference for area Latinas focusing on HIV/AIDS, sexually transmitted diseases, substance abuse, domestic violence, depression and self-esteem issues.
- Throughout Illinois this past year, Renz provided Capacity Building training to various health agencies interested in providing Latino employees with alcohol/drug and HIV/AIDS prevention education in a culturally sensitive environment.

Second Chances—

A Story of Courage, Determination and triumph over addiction

Sometimes what seems like a good idea at the time, leads to trouble down the road. High school sophomore Danny thought selling prescription drugs to other students would be a great way to make a few extra dollars ... maybe put a few away for college. What Danny hadn't planned on was getting caught!

Danny's school has a "zero tolerance" policy when it comes to drugs and alcohol ... immediate expulsion, unless a treatment program is completed. This policy is applicable to everyone, even students like Danny who had great grades and no past behavioral problems.

To stay in school, Danny contacted Renz Addiction Counseling Center and began an outpatient treatment program. What he thought was going to be "easy time" — attend a few drug and

alcohol education and awareness classes, turned out to be a much deeper probe into his personal and family life ... the underlying root to many of Danny's problems.

Small steps: treatment takes center stage

Throughout the course of Danny's outpatient treatment, his counselor set several goals. First, Danny had to immediately stop using drugs. Random drug screenings are mandatory during treatment. Next, Danny had to attend group and family counseling sessions; and finally, he had to structure his time more efficiently and avoid friends who still used drugs and alcohol.

Learning to communicate

Through counseling, it became evident that the death of Danny's

mother two years earlier attributed to his alcohol and drug use. Individual counseling helped Danny take better control of his life, but he still needed to face his dad about his anger issues over his mom's death. Resistant at first to family and grief counseling, Danny learned how to talk to his dad. It was through several sessions that Danny's dad learned his older son was also using drugs, and that the entire family could benefit from counseling.

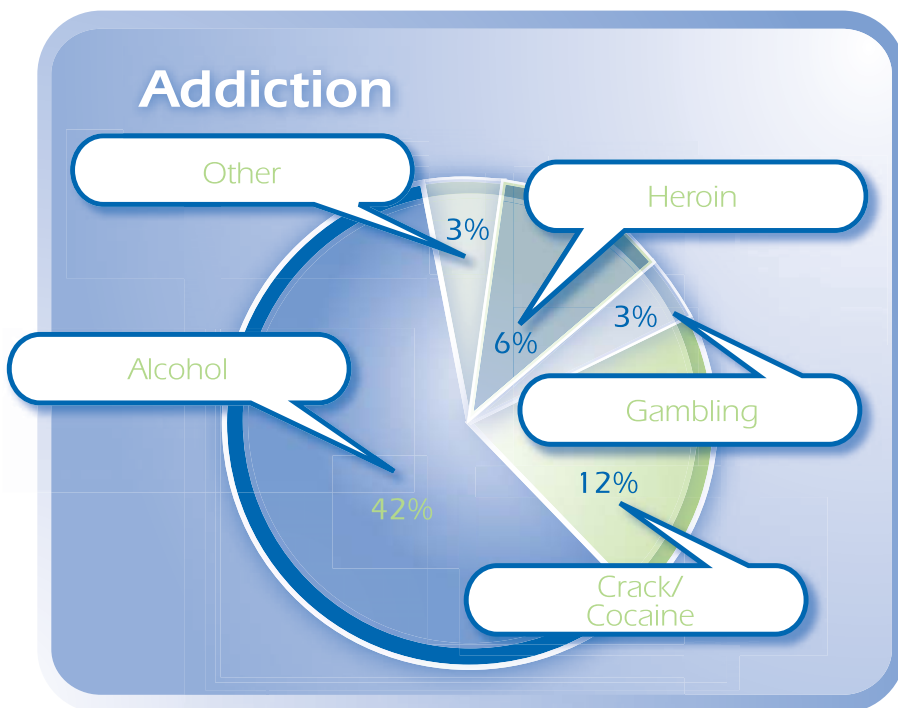
Taking pride through employment

During counseling, Danny also realized how to structure his time more efficiently, and how to avoid friends who still use drugs. Two months into treatment, Danny got a part-time job in addition to helping his neighbor with yard

work. Through hard work, Danny learned to take pride in his job and shared his accomplishment with other treatment peers.

Relapse turns into success

During a routine drug screening, Danny tested positive. Both angry and frustrated at having to extend his treatment, Danny learned that a relapse was not failure, but part of the recovery process. Danny gained the ability to re-invest in himself and a healthy lifestyle which included giving up old friends, taking more responsibility, and becoming more open in family counseling sessions. Renz Center not only helped Danny face his drug use, but helped his family realize they had grief issues that needed attention in order to move forward towards a more healthy, productive life.



During a survey of the women in our Passage Program, 67% had 3 months of continued abstinence at discharge, an increase over last year.

Program Overviews

PREVENTION PROGRAMS

Environmental strategies target promotion of healthy behaviors in the community.

Comprehensive bilingual prevention services offered include alcohol, tobacco and other drug prevention; delinquency prevention and conflict resolution.

- Youth Programs—Project Alert, Girl Power! and All-Stars.
- HIV/Aids Program—Education/Prevention and Community Outreach.

CLINICAL PROGRAMS

Services include individual and group counseling, education

and relapse prevention counseling. Continuing care groups are available for those who wish to remain involved in the ongoing recovery process.

- Adolescent Services offers programming specifically for adolescents who may be experimenting with alcohol and/or other drugs and for those who have begun to use substances on a regular basis. Treatment services are also available for those who are abusing substances or are dependent. Treatment is tailored to fit the adolescent client's needs.
- Intensive Outpatient Adolescent and Adult

Treatment Programs provide the necessary support, education and structure for abstinence while allowing clients to continue to function in their work and family settings.

- DUI (Driving Under the Influence) Program offers comprehensive services for those who have been charged with a DUI.
- Passage Program for Women provides a safe and supportive environment where women can begin recovery and support each other. Pregnant women have priority. Free childcare provided.
- Gambling Program includes

individual, family and group therapy while educating clients on the components of problem and compulsive gambling.

- Family Program provides education and support to those who are in a relationship with someone who abuses substances or has a gambling problem.

Employee Assistance Services (EAS) contracts with local employers to provide 24-hour assessment, counseling and referrals as a benefit to employees and their dependents with any personal and/or family issues.

Fax: (847) 697-2719
(847) 697-1221
Elgin, IL 60120
One American Way

PREVENTION OFFICE

Fax: (630) 837-7184
(630) 837-6445
Streamwood, IL 60107
1535 Burgundy Parkway

STREAMWOOD OUTPATIENT

Fax: (630) 513-6892
(630) 513-6886
St. Charles, IL 60174
309 Walnut Street

ST CHARLES OUTPATIENT

Fax: (847) 697-6583 (Passage)
Fax: (847) 742-3559 (Outpatient)
TDD: (847) 742-0242
Fax: (847) 697-5583 (Admin. & EAS)
(847) 742-3545
Elgin, IL 60120
Two American Way

EMPLOYEE ASSISTANCE SERVICE

PASSAGE PROGRAM AND

ELGIN OUTPATIENT

ADMINISTRATION

www.renzcounseling.com

