

## Employee Anniversaries

April-September

**1 Year**

Ron Ahlberg  
Kelly Dahl  
Kimberly Garcia  
Enrique Lechuga  
Julie Pena  
Lysette Pullman  
Tanya Vallez  
Emily Whitcomb  
**2 Years**  
Helen Muchow  
Judy Petit  
**3 Years**  
Scott Bracken  
**4 Years**  
Deanna Casucci  
Jackie DeLaney  
Jim Hall  
Deb Howe  
Sonia Perry

**5 Years**

Carolyn Clark  
**7 Years**  
Scott Austgen  
Terri Lee  
**8 Years**  
Kathy Mack  
Barbara Pachmayer  
**9 Years**  
Dave Crement  
**15 Years**  
Carlos Chavez  
Colleen Koncilja  
**19 Years**  
Patti Anderson

### Prevention Program Has Moved

The Prevention Program is the first to move into Renz Center's new building at One American Way. For the first time, prevention programs will be offered on Renz Center's campus, in addition to staff going out into the community and local schools. To find out more about Prevention Services, visit [www.renz-center.com](http://www.renz-center.com).



prevention@renzcenter.com  
Fax: (847) 697-2719  
(847) 697-1221  
Elgin, IL 60120  
One American Way

**PREVENTION OFFICE**

Fax: (630) 837-7184  
(630) 837-6445

1535 Burgundy Parkway  
Streamwood, IL 60107

**STREAMWOOD OUTPATIENT**

Fax: (630) 513-6892  
(630) 513-6886

St. Charles, IL 60174  
309 Walnut Street

**ST CHARLES OUTPATIENT**

www.renzcenter.com  
clinical@renzcenter.com

Fax: (847) 697-6583 (Passage)  
(847) 742-3559 (Outpatient)

TD: (847) 742-0242  
info@renzcenter.com

Fax: (847) 697-5583 (Admin. & EAS)  
(847) 742-3545

Elgin, IL 60120  
Two American Way

**EMPLOYEE ASSISTANCE SERVICE  
ELGIN OUTPATIENT  
PASSAGE PROGRAM AND  
ADMINISTRATION**

Renz Addiction Counseling Center



# Pathways

guiding people to a pathway of wellness

volume 11 • issue 1 • Summer 2008

## Renz Center to Host Epicurean Delight Fundraiser



Community residents are invited to sharpen their culinary palate at Renz Addiction Counseling Center's Epicurean Delight fundraiser, Saturday, October 18, 6:00-9:00 p.m., at Elgin Community College's Culinary Arts & Hospitality Institute. Chef Tom Johnston and top ECC culinary art students will provide demonstrations while they create a bounty of hors d'oeuvres and desserts at the Spartan Terrace Restaurant.

Guests will enjoy a variety of taste sensations while also enjoying the complimentary wine tasting that will be paired with selected items. Throughout the evening, culinary themed baskets filled with gourmet food,



cookbooks, utensils and more will be raffled off. Tickets to the Epicurean Delight are \$65 per person, and are available by calling Deb Howe at (847) 742-3545 ext. 236.

### Helping To Make It Happen . . .

Epicurean Delight event sponsors include EFS Foundation, First Chicago Bank & Trust, and Tighe, Kress & Orr P.C. Renz Center is seeking additional sponsors who wish to make monetary or raffle basket donations and gain recognition for each donation. All proceeds benefit Renz Addiction Counseling Center programs.

### Mission Statement

Renz Addiction Counseling Center is a not-for-profit corporation dedicated to the prevention, intervention, and treatment of addictive behaviors and disorders and to factors often associated with addiction. The Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction related issues.

### Calendar of Events

September is National Recovery Month

September 9th Pond Dedication Ceremony

October 15th is National Latino HIV Awareness Day

October 18th Epicurean Delight Fundraiser

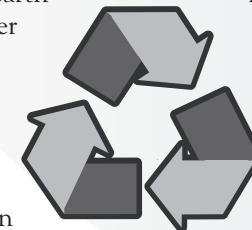
October 21-29 Red Ribbon Week

December 1, 2007 World Aids Day



## Help Renz Center Go Green, Access Pathways Online

Looking for ways to be earth friendly? Help Renz Center cut costs and be environmentally conscious by joining our newsletter email list. Each publication will be emailed to your home or business. By selecting this option, Renz will save on print and mailing costs while you



reduce the amount of paper swirling around your home or work. Savings will go directly toward our prevention and treatment programs.

To make the switch, simply contact us at [lpullman@renzcenter.com](mailto:lpullman@renzcenter.com), or call (847) 742-3545 ext. 246. Please include your full name, address, city, state, zip, and email address.

2007-2008

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## Renz Center Says Goodbye To A Friend

Helping people overcome their alcohol and drug addictions was a driving force with Diane Flynn. As a counselor at Renz Center back when it was named Community Concern For Alcoholism and Drug Abuse, Flynn used tough love to help clients for more than six years. Flynn joined a group to found the Illinois Substance Abuse Coalition, and worked diligently on creating and expanding the women's recovery program known as Passage. Promoted to clinical director in 1985, Flynn continued to keep clients' needs first as she managed Clinical Services for another 10 years. Appointed associate director in 1995, Flynn retired a year later. And while Diane Flynn passed away in November, her life was recently celebrated by her family and friends at a private memorial service May 4<sup>th</sup>. "Diane will always be remembered as someone who helped those who couldn't help themselves," said Dr. Joe Rosenfeld.

**"Diane was a natural therapist . . . patients felt connected to her."**

*Dr. Joe Rosenfeld  
Renz Center Executive Director  
1985-1995*



*Tough love, passionate heart  
Diane Flynn leaves a legacy of  
caring behind.*

## Boost Productivity By Investing In Employees

Companies are in the business to make money, and when an employee has a professional or personal problem it can ultimately affect the bottom line. Employee Assistance Services (EAS) is provided as a benefit to employees to deal with troubling issues, including but not limited to stress, depression, chemical dependency, marital problems, or financial issues—anything that interferes with job performance. EAS contracts with area businesses to provide behavioral health-care assessments and provide early intervention. As a part of this service, employees and their families may contact an EAS counselor 24 hours-a-day, seven days a week to discuss problems, and know the session is completely confidential.

In addition to helping employees, EAS offers management training programs designed to meet the specific needs of an organization. One popular program is *Alcohol & Drugs In The Workplace*, a training course designed to teach employers how to implement an effective drug and alcohol testing program; improve awareness and detection skills of possible alcohol- and drug-use policy violations; action steps to assist the employee and protect the company; and policies to ensure a safe working environment.

### Getting Employees Back To Work

EAS has two Substance Abuse Professionals (SAPs) who are certified to

perform federally mandated evaluations for the U.S Department of Transportation, including drug testing and treatment recommendations. A SAP can perform an evaluation if there is a positive result due to any of the following testing situations:

- Pre-employment
- Reasonable suspicion
- Post-accident
- Return to duty
- Random
- Follow-up testing

EAS services are also available in Spanish. One does not have to be a current EAS client to utilize these specialized SAP services. For more information, visit [www.employeeassistanceservices.com](http://www.employeeassistanceservices.com) or call (847) 742-3545 ext. 244.

## Care to Share An Innovative Fundraising Program

Last year, Renz Center kicked off an innovative fundraising gift card program, Care to Share, where anyone can donate and not have it cost them any more than the face value of the gift card. For each card ordered, Renz Center receives a percentage back from the retailer which in turn is the donation.

The Care to Share program offers hundreds of participating retailers and restaurants to choose from, with Renz Center receiving anywhere from 2 to 15 percent on each card ordered. Wal-Mart, Carson Pirie Scott, JCPenney, and Kohl's Department stores are just a few participating retailers, in addition to such specialty stores as Bed Bath & Beyond, Best Buy, Borders, AMC Theater, Dominick's, Jewel and Amoco. Fine and fast food restaurant gift cards can also be purchased.

"I like to buy Care to Share gift cards to purchase everyday items, like gas and food," said Elgin resident and Renz Center employee Lora Tovar. I can support Renz Center while at the

*"Many times people think to be philanthropic you have to be wealthy," said Renz Center's Executive Director Jerry Skogmo. "Even the smallest donation can have an impact on someone else's life, such as providing support for someone in desperate need of substance abuse counseling."*

same time get things I would buy anyway."

To participate in the Care to Share program, visit Renz Center's website at [www.renz-center.com](http://www.renz-center.com) for an order form and a complete list of participating retailers and restaurants. Orders are placed the third Thursday of every month, and take approximately five business days to be delivered by mail. To receive the Care to Share information by mail, contact Lysette Pullman at (847) 742-3545 ext. 246, or email at [lpullman@renzcenter.com](mailto:lpullman@renzcenter.com).

### Visit [igive.com](http://igive.com)

Register online to [igive.com](http://igive.com), and a portion of your online purchase benefits Renz Center. Online shopping through [igive.com](http://igive.com) provides you with a variety of brand name stores and specialty shopping to fit any need. Just enter: <http://www.igive.com/welcome/warmwelcome.cfm?c=2204&m=375341>.

## Thank You Donors!

Renz Center is always appreciative of our donors' support, and we'd like to recognize those individuals or businesses that have given since our last newsletter.

Patti Anderson  
Angie Andrade  
Aspen Valley Landscape  
Scott & Cristen Austgen  
Roger Bear  
Rev. Allen & Mary Belanger  
Bruce & Lauri Beu  
Gary Beu  
Scott Beu  
Scott Bracken  
Brittain's Express Car Wash

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Scott & Helen Smith  
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Stephen Stark  
Katie Stauffer  
Michael Stewart  
Ande Suddeth  
Sylvia & Eugene Tester  
Tighe, Kress & Orr, P.C.  
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Twin Arts Photography & Printing  
United Way Of Greater Milwaukee  
Tanya Vallez  
Village of Streamwood  
Davin Wedel  
Weiner and Eglit Ltd.  
Wendy's Old Fashioned Hamburgers  
Emily Whitcomb  
Wendy Withers  
Zurich Foundation

## Prevention News:

# Summer Programs Aimed At Keeping Kids Safe, Promoting Self Esteem

**Calling all kids ...** have fun this summer at Elgin and Hanover Township's "Open Gym" program, where kids can have fun playing games, enjoying arts and crafts, participating in educational activities or just visiting with friends. This free program is geared toward providing a safe, supervised place for kids to have fun. Renz Center's Prevention staff will provide alcohol, drug, and tobacco prevention education activities one night a week at the following Open Gym locations:

### In Elgin

June 9-August 22

Times: 5-9:30 p.m.  
Ages: 7-14

#### Days & Locations:

Mondays & Fridays  
Abbott Middle School

Tuesdays & Thursdays  
Channing Elementary School

Wednesdays  
Kimball Middle School

### In Hanover Township

June 9-August 15

Mondays  
Times: 5-8 p.m.  
Ages: 12-18

Location: Aston Avenue Community Center

Tuesdays  
Times: 5-9 p.m.  
Ages: 7-18

Location: Streamwood Park District

Wednesdays  
Times: Noon-4 p.m.  
Ages: 7-17

Location: Bartlett Elementary School

Thursdays  
Times: 5-9 p.m.  
Ages: 7-18

Location: Canton Middle School

Fridays  
Times: Noon-4 p.m.  
Ages: 5-14

Location: Lords Park Elementary School

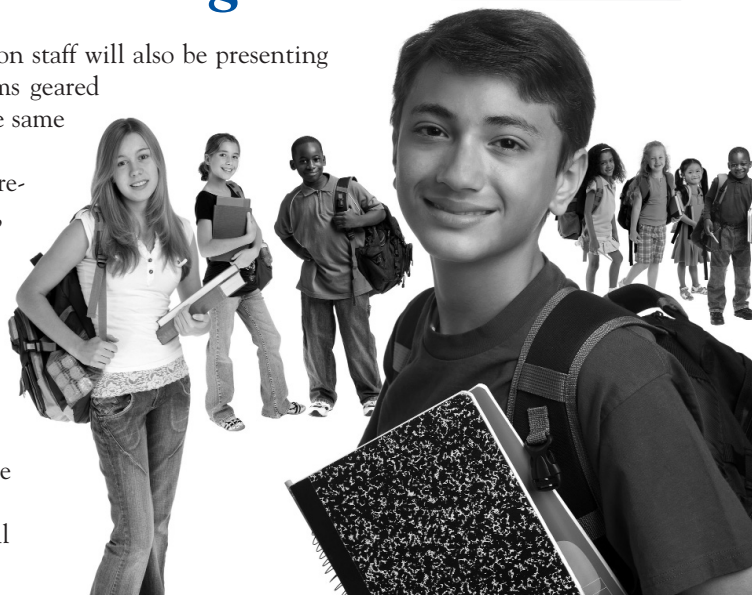
The Hanover Open Gym program is sponsored by Youth & Family Services, in collaboration from School District U-46, Villages and Park Districts of Bartlett, Hanover, and Streamwood, the City of Elgin, and Renz Addiction Counseling Center. For more information on Renz Center's times and locations, call (847) 697-1221.

## Mix It Up . . . More FREE Programs For Kids

Held at Elgin's YMCA and YWCA, Renz Center's Prevention staff will also be presenting All Stars and Girl Power! this summer—two free programs geared toward keeping your kids off drugs and alcohol while at the same time boosting their self-esteem.

**All Stars** is a community-based program designed to delay and prevent high-risk behaviors in children between the ages of 11 and 14, including substance use, violence, and premature sexual activity by fostering development of positive personal characteristics. The program is designed to reinforce positive qualities that are typical of today's youth, and works to strengthen self-worth and decision making skills. **Girl Power!** is part of a national public education campaign designed to help encourage and motivate 9- to 13-year-old girls to make the most of their lives. Girl Power! seeks to reinforce positive values among girls by targeting health messages to the unique needs, interests and challenges of today's youth.

For more information and to register for these programs, call (847) 697-1221.



# Students Participate In Underage Drinking Forum

South Elgin High School seniors got a hard lesson on the dangers of drinking last April during Renz Center's *Underage Drinking Town Hall Meeting*. In observance with Alcohol Awareness Month, attendees heard representatives from the Kane County Coroner's Office, Kane County State's Attorney's Office, the Illinois Alcohol Drug Dependence Association, and Renz Center on the realities and consequences underage drinking.

The town hall meeting was sponsored by Renz Center, Illinois Alcoholism & Drug

Dependence Association, Kiwanis Club of Elgin, and the Elgin Gang & Drug Task Force.

"I've seen too many young people kill their best friend under the influence of drinking or drugs. It's something you will not forget for the rest of your life,"

Kane County Coroner Chuck West

"Underage drinking is a factor in numerous personal devastations and loss of life – not to mention the consequences to our schools, legal system, healthcare and insurance premiums," said Renz Center's Executive Director Jerry Skogmo. "This town hall meeting is aimed at preventing these tragedies."

## Construction Zone

Thanks to Frontier Ponds, construction began early May on Renz Center's waterfall and pond feature, a welcome enhancement to the Serenity Garden. Join us September 9<sup>th</sup> at 4 p.m. for a special dedication ceremony. Refreshments will be served.



Join us September 9<sup>th</sup> at 4 p.m. for a special dedication ceremony.

## Bob Hansen Brings Experience to Renz Board

Spending his professional career as an administrator in School District 300, Bob Hansen brings a unique blend of experience, compassion and commitment to Renz Center's board of directors. As a board member he brings an understanding of what students and school personnel need, and how Renz Center can help turn a troubled youth's life around.

Bob first joined Renz Center board of directors in 2004, and currently serves as secretary/treasurer. Several years ago, Bob was instrumental in establishing a Zero Alcohol/Drug Tolerance Policy to School District 300, which then gave birth to Renz Center's First Offenders Program. The policy dictates first-



time offenders caught with alcohol and/or drugs can only return to school upon successfully completing an assessment and the recommended treatment program.

Serving as School District 300's assistant superintendent for 24 years, Bob retired as associate superintendent in 2004. With no plans to slow down, Bob will serve as interim regional director for Northwestern Illinois Association in the coming months.

Bob and his wife, Barbara, currently live in Sleepy Hollow, and enjoy spending time with their children's families. He has four grandchildren, with another one due in June.