

GROWTH



2008
Annual Report



Renz
Addiction
Counseling
Center



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Renz Addiction Counseling Center 2008 Annual Report

Never Before Have We Seen Such **GROWTH**

Restoring Hope, Recovering Lives — When James Renz and other community leaders established Community Concern for Alcoholism in 1961, their objective was to help people struggling with addiction... to restore hope. Renamed Renz Addiction Counseling Center, counselors today continue working hard to help individuals and their families overcome this devastating disease and to provide prevention education to those not yet afflicted... to recover and save lives.

Throughout history, society has always been afflicted with alcohol and drug addiction. Today, however, drug abuse is on the rise as the population expands and availability increases. Last year, Renz Center staff treated over 1,100 individuals and families with this insidious disease... a number that continues to escalate.

Last year brought many triumphs and challenges to Renz Center. Never before have we seen such growth as community residents continue to seek our assistance. Treating adolescents and women is on the rise, in addition to helping those dually diagnosed with mental illness and substance abuse problems as community resources diminish. And as the addiction profession improves treatment methods our professional counselors continue to up-date their knowledge and skills to provide the highest quality and specialized treatment services and programs.

To meet these challenges, Renz Center's board of directors unanimously decided to expand our Center by purchasing an adjacent building. Through the expansion, Renz Center will be able to increase treatment capacity and consolidate our prevention programs. Throughout 2009, both buildings will undergo renovations as we improve our services, efficiency, and advance our financial viability.

Last year also brought substantial growth to our Prevention Department. Never before have so many schools, agencies and other community organizations requested our alcohol and drug prevention services. And despite local funding limitations, Renz Center provided evidenced-based drug prevention services to over 2,800 adolescents and young adults last year.

HIV Prevention continues to provide community services to individuals at high-risk of infection. Last year staff reached out to more than 1,800 individuals in need of HIV/AIDS prevention education, testing, and counseling services.

And finally, we are proud to report that Renz Center has once again received excellence of standards from accrediting agencies. It is this type of excellence in service that translates into hope for our adolescent and adult clients, the students we educate, and the special population we serve. It is through your financial assistance that Renz Center can inspire hope, change behavior, and save lives.



Laura Newman

Laura Newman
President,
Board of Directors



Jerry Skogmo

Jerry Skogmo
Executive Director

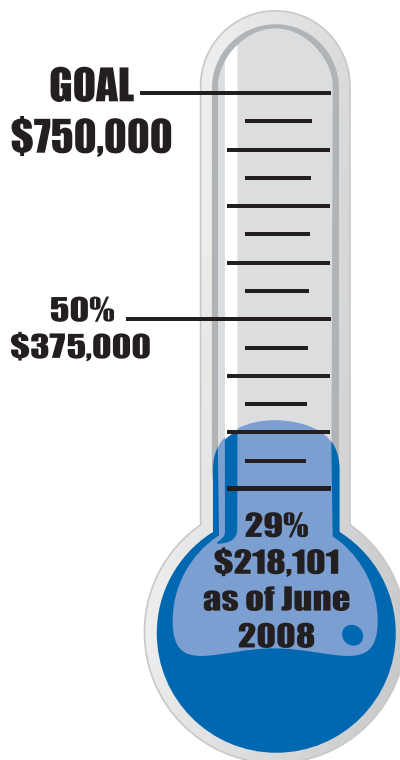
Of the 6.1 million people needing addictions treatment, 1.1 million people (17.3 % of the people who needed treatment) received treatment.

[Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Office of Applied Studies (2001), National Household Survey on Drug Abuse (NHSDA)]

Investing in the Community: Capital Campaign Gains Steam

To ensure Renz Center's continuation as an integral community resource for addiction services, the Center's board of directors and staff are committed to broadening clinical and prevention programs in an effort to meet an increase in demand. To do this, Renz Center launched the *Investing in the Community* capital campaign in 2008 which will help fund the purchase of an adjacent building at One American Way, rehabilitate two office suites in 2009, and include improvements to the Serenity Garden on the Renz campus property. Specifically the growth plans will:

- Increase service capacity for outpatient services in the treatment program.
- Add space for adolescent services, counselors, and the psychiatrist.
- Consolidate and centralize the two Elgin offices for efficiency, cost savings, and improved staff communications.
- Expand Prevention programs by offering additional programming on-site.
- Improve the Serenity Garden path and provide healthy lifestyle activities for clients.



Substance abuse is a serious social and economic issue that affects not only individuals, but their families, employers, and the community at large. As our communities grow, so does our need for treatment facilities. Addiction problems are linked to crime rates, health problems, domestic problems, family disintegration, and unemployment. Communities that support prevention and treatment services for substance abuse and gambling problems are making an investment in the future. You are invited to support Renz Center as we strive to meet the community's demand for prevention, early intervention and treatment services for all ages. You may find more information online at www.renzcenter.com/capitalcampaign/html.

2007-2008

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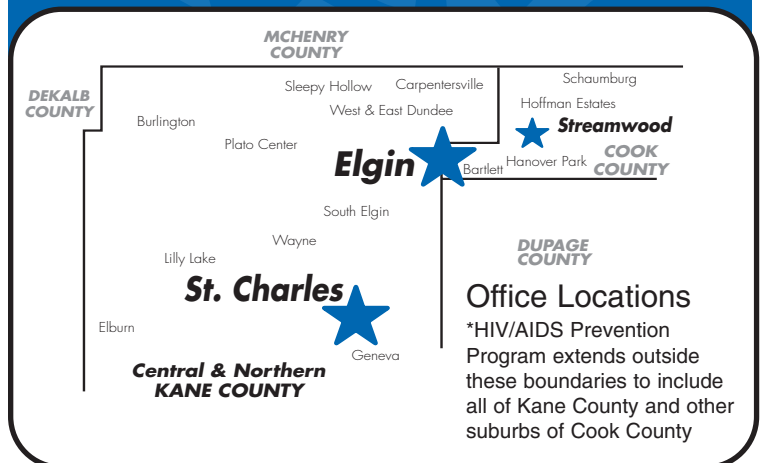
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Sherman Hospital

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Director Emeritus





Clinical Services

Renz Center's Clinical Services are about facilitating change, the kind of change that provides insight, personal growth and eventually transforms lives. Our outstanding clinical team provided early intervention and/or treatment services to 1,106 clients, (783 males and 323 females), administered 27,224 hours of comprehensive counseling services and performed 200+ HIV tests through our Clinical HIV Counseling and Testing Program.

2008 was host to many program transformations with the addition of the Serenity Path and its role in our treatment program activities. Clinical Services has seen a 9% increase in the number of clients since 2005. This growth has led to an increase in the variety of services and activities available to clients. Highlights of these events and services included:

World AIDS Day – Celebrated 12/5/07

Client's created a mural to express thoughts and feelings about HIV/AIDS. They played a jeopardy-style game which was a fun way to learn new prevention/education information. The evening ended with a candlelight vigil outside on the snow covered Serenity Path remembering those who have been effected by HIV/AIDS.

Alcohol Awareness Month – April 2008

We had several educational activities/games and special groups experiential exercises. Clients identified people in their lives who have been harmed in alcohol-related accidents and the 25 names were displayed along the Serenity Path. As clients walked the path during the candlelight vigil, they honored those who have been victims of alcohol abuse.

Summer Picnic – June 2008

We celebrated recovery and had a fun-filled evening with clients and their friends/family. The evening included a meal, and various social and recreational activities that included current and former clients. Clinical staff were proud with their win in the volleyball tournament and clients were thrilled with their win on the basketball court as well as the water balloon fight. The drenched staff were great sports!

We enjoy several collaborations with community organizations to provide comprehensive addiction services to individuals and families, including:

- United States Federal Probation and Pre-Trial Services (new)
- Elgin Community College's Massage Therapy Program (new)
- Community Crisis Center
- Community Unit School District # 300
- Cook County Probation
- Ecker Center for Mental Health
- Elgin Mental Health Center
- Family Services of Greater Elgin Area
- Greater Elgin Family Care Center
- Kane County Adult Drug Court
- Kane County Juvenile Drug Court
- Kane County States Attorneys Office Second Chance Program
- Larkin Center for Children & Adolescents
- Lazarus House
- PADS of Elgin
- Tri-City Family Services
- Tri-City Health Partnership

Thank you to all our funders and contributors for helping us save lives, break the cycle of addiction, and offer hope and serenity to those who are ready for a new way of living.

Administration

Jerry Skogmo
Executive Director

Rob Castillo
Employee Assistance
Services Coordinator

Carlos Chavez
HIV/AIDS Prevention
Coordinator

Deb Howe
Marketing &
Development
Director

Ricardo Gasca
ATOD Youth
Prevention
Coordinator

Colleen Koncilja
Clinical Services
Director

Katie Stauffer
HIV/AIDS Prevention
Coordinator

Lora Tovar
Administrative
Services Coordinator



To commemorate World Aids Day, clients drew pictures that represented prevention messages and were displayed at the Center.

Recent studies show that after six months, treatment for alcoholism is successful for 40 to 70% of clients, cocaine treatment is successful for 50-60% and opiate treatment for 50-80%.

[The Robert Wood Johnson Foundation (February 2001). Key Indicators for Policy Update, Substance Abuse: The Nation's Number One Health Problem. Princeton, New Jersey].

DONORS

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Withers, Wendy
Zurich Foundation

We make every attempt to ensure accuracy in our donor list. Please contact the office at 847-742-3545 x236 if we have missed or misspelled your name. The list represents donations and planned giving information received from July 1, 2007 through June 30, 2008.

Employee Assistance Services



EAS continues to provide timely and personalized behavioral health services to the employees of contracted organizations. This specialized 24 hour professional counseling service responds to individual and/or supervisor concerns. Services may also include group training sessions developed to meet the unique needs of the organization. For more on Employee Assistance Services, visit www.employeeassistanceservices.com or call Rob Castillo, EAS Coordinator at 630-865-8399.

Every \$1 invested in addiction treatment programs yields a return of between \$4 and \$7 in reduced drug-related crime, criminal justice costs, and theft alone. When savings related to healthcare are included, total savings can exceed costs by a ratio of 12:1.

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Below: Guest speakers at the Underage Drinking Prevention Forum included Chuck West, Coroner, Steve Sims, Asst. State's Atty, Shelly Musser, IADDA and Angie Andrade, Renz Prevention.



Funding Organizations

Renz Center is a non-profit 501(c)(3) organization funded annually in part by the following organizations:

AIDS Foundation of Chicago

City of Elgin

Cook County Department of Public Health
Geneva 708 Board

Hanover Township Mental Health 708 Board

Illinois Department of Human Services, Division of
Community Health and Prevention

Illinois Department of Human Services,
Division of Alcohol & Substance Abuse

Illinois Department of Public Health

Illinois Public Health Association

Northwest Suburban United Way

Schaumburg Township 708 Board

School District 300

Sheridan Correctional Facility

St. Charles 708 Board

The Federal Government, Substance Abuse and Mental
Health Services Administration

U.S. Probation and Pretrial Service

United Way of Central Kane County

United Way of Elgin

Prevention

Prevention programming is dedicated to promoting healthy behaviors. Services are delivered in English and Spanish through a variety of programs designed to reach those who need it the most.

Alcohol, Tobacco and Other Drugs (ATOD) Prevention Education is offered in schools and at community organizations. The goal is to engage youth and families in activities that will develop positive decision making skills and increase awareness of issues that may lead to underage drinking, smoking and drug abuse. Prevention staff present interactive educational activities aimed to inform youth about the consequences of using tobacco, alcohol and other drugs while working collaboratively with other community based organizations and the Elgin Gang/Drug Task Force to help make our communities a safer, healthier place to live.

Highlights of the ATOD Prevention include:

- Participated in the Illinois Teen Institute training in Bloomington with 28 high school students from Elgin, Streamwood and South Elgin.
- Implemented programming for the Elgin and Hanover Township Open Gym programs.
- Facilitated Girl Power!, Allstars and/or Project Alert Programs at the following locations: Garfield & Washington Elementary Schools, Centro de Información, Larkin Center, and Kenyon Woods, Kimball, Larsen and Canton Middle Schools. The Allstars program at Canton Middle School also included a Hip Hop dance instruction session.
- Participated in the National Night Out on August 7th at Channing Elementary School.
- Provided various Red Ribbon Week activities at Algonquin and Kimball Middle Schools.
- Spent the day at South Elgin High School health classes sharing substance abuse facts using a "Drug Jeopardy" game.
- Participated in Dundee Middle School's Snowflake (drug education prevention) Program in February.
- Organized a panel of experts and presented at a Town Hall Meeting on Underage Drinking at South Elgin High School for senior class students.
- Continued to provide TIPS (training for intervention procedures) certification for alcohol servers in area restaurants to ensure the safe and responsible sale of alcoholic beverages.

HIV/AIDS prevention education is delivered in Elgin and surrounding communities in DuPage, Cook, Kane, and McHenry counties to individuals and groups in public and private settings. The HIV prevention program employs a strong outreach component that reaches high risk individuals where they gather leading to increased HIV testing and newly diagnosed positive persons who are then linked to services such as case management and medical care.

Prevention Specialists provide factual information about substance abuse, safer sex practices, and HIV/AIDS. Free testing and counseling is

Recent studies show that after six months, treatment for alcoholism is successful for 40 to 70% of clients, cocaine treatment is successful for 50-60% and opiate treatment for 50-80%.

[The Robert Wood Johnson Foundation (February 2001). Key Indicators for Policy Update, Substance Abuse: The Nation's Number One Health Problem. Princeton, New Jersey].

Highlights

also provided in addition to support group meetings and activities. All activities were performed with the goal of increasing awareness and preventing the transmission of HIV/AIDS, they included:

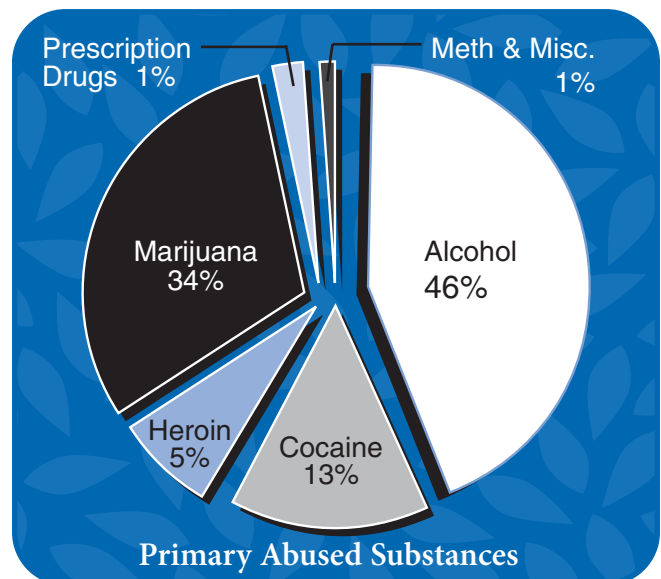
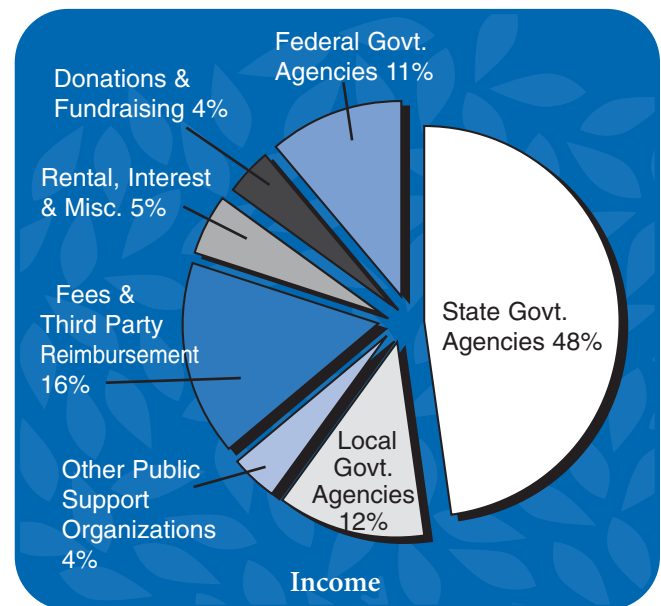
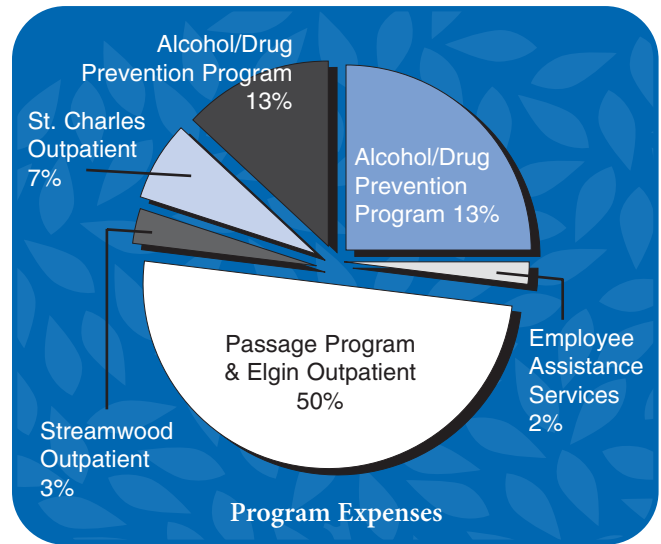
- Increased testing and identified newly diagnosed HIV positives
- Facilitated the Dos Espritus prevention group for Latinos
- Participated in the Illinois HIV Prevention Community Planning Group
- Former staff member Patricia Baker received the “Arlene Valentine for Sustained HIV/STD Leadership” award posthumously for being an outstanding leader in a community based organization that provides HIV/STD prevention and/or care.
- Prevention offices moved their offices from the west side to One American Way, a building adjacent to the Renz Center’s main facility.
- Continued to provide capacity building training to organizations as they strive to include culturally sensitive information regarding substance abuse and HIV/AIDS to their constituents.
- Continued to enhance a program started in the fall of 2006 entitled De Mujer a Mujer (Woman to Woman). Since that time, more than 700 Latinas and more than 120 Latinos have been educated about HIV/AIDS and other sexually transmitted diseases.

Ages of Prevention Recipients

Age Range	Alcohol, Tobacco & Other Drug Prevention	HIV/AIDS Prevention	Total Served in Fiscal Year 2008
Under 10	139		139
10 to 17	2645	30	2675
18 to 20	12	142	154
21 to 29		750	750
30-39	10 (Parents)	797	807
40-59		110	110
Total	2806	1829	4635



Hip Hop dance instruction was added to some of the after-school alcohol & drug prevention education programs.



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Program Overviews

PREVENTION PROGRAMS

implement environmental strategies targeted at promoting healthy behaviors in the community.

Comprehensive bilingual prevention services offered include alcohol, tobacco and other drug prevention; delinquency prevention and conflict resolution.

- Youth Programs – Project Alert! Girl Power!
- HIV/AIDS Program – Education/Prevention and Community Outreach.

CLINICAL PROGRAMS

consist of individual and group counseling, education

and relapse prevention counseling. Continuing care groups are available for those who wish to remain involved in the ongoing recovery process.

- Adolescent Services offers programming specifically for adolescents who may be experimenting with alcohol and/or other drugs and for those who have begun to use substances on a regular basis. Treatment services are also available for those who are abusing substances or are dependent. Treatment is tailored to fit the adolescent client's needs.
- Intensive Outpatient Adolescent and Adult

Treatment Programs provides the necessary support, education and structure for abstinence while allowing clients to continue to function in their work and family settings.

- DUI (Driving Under the Influence) Program offers comprehensive services for those who have been charged with a DUI.
- Passage Program for Women provides a safe and supportive environment where women can begin recovery and support each other. Pregnant women have priority. Free childcare provided.
- Gambling Program in-

cludes individual, family and group therapy while educating clients on the components of problem and compulsive gambling.

- Family Program provides education and support to those who are in a relationship with someone who abuses substances or has a gambling problem.

EMPLOYEE ASSISTANCE SERVICES (EAS) contracts with local employers to provide 24-hour assessment, counseling and referrals as a benefit to employees and their dependents with any personal and/or family issues.

PREVENTION OFFICE

One American Way
Elgin, IL 60120
(847) 697-1221
Fax: (847) 697-2719

STREAMWOOD OUTPATIENT

1535 Burgundy Parkway
Streamwood, IL 60107
(630) 837-6445
Fax: (630) 837-7184

ST CHARLES OUTPATIENT

309 Walnut Street
St. Charles, IL 60174
(630) 513-6886
Fax: (630) 513-6892

ADMINISTRATION ELGIN OUTPATIENT PASSAGE PROGRAM AND EMPLOYEE ASSISTANCE SERVICE

Two American Way
Elgin, IL 60120
(847) 742-3545
Fax: (847) 697-5583 (Admin. & EAS)
TDD: (847) 742-0242
Fax: (847) 742-3559 (Outpatient)
Fax: (847) 697-6583 (Passage)

www.renzcenter.com

