



**Renz
Addiction
Counseling
Center**



**Center
Counseling
Addiction
Renz**

**2011
Annual Report**

2011- 2012

Board of Directors

Ian Jones, M.D.
President
Sherman Hospital

Jolie Esposito,
Vice President
First Community Bank

Michael C. Walsh
Treasurer
Retired Certified
Public Accountant

Susan Angell-Case
Baird Warner Real Estate

Patricia Arroyo
Provena St. Joseph Hospital

Allen Belanger
Lutheran Ministry of
Metro Chicago

Robert Hansen
Summit School

Mary Hyatt
Retired Kane County
Probation Department

James Lamkin
City of St. Charles
Police Chief

Laura Newman
Mitutoyo America
Corporation

Jeffrey Risch
SmithAmundsen

Sherry Totzke
Zurich North America

Ron Razowsky
Director Emeritus



2011 Message from the director

Dear Friends,

Fifty years. When I mention to people that Renz Center had been in service for 50 years the responses were very complimentary. A lot of history, a lot of experience.

Jim Renz and others, who founded the agency, were true visionaries. They were not only able to notice the devastating effects of alcoholism on individuals and families, but were able to see how the consequences would also effect our local workforce and the community's well being. Determined to do something about this emerging problem, Community Concern for Alcoholism (CCA) was started in two offices above – (as Jim Renz still fondly recalls) Jack Connor's Tap in downtown Elgin. Very humble beginnings. Jim was the executive director, counselor and janitor who started out with a part-time secretary. A decade and 14 staff members later CCADA (Community Concern for Alcoholism & Drug Abuse) was the new name of the agency that reflected the increased use of drugs in our society. Jim stepped down 25 years later, and the Board of Directors wisely named the agency after him.

And now, 25 years after Jim retired, the agency has experienced ups and downs that have generally followed the fluctuations of the economy. The last few years have been tough – funding cutbacks, layoffs, service reductions – but we have found that we can take a punch and stay in the ring. We have emerged in relatively good shape, our services remain second to none and we have actually expanded our services in the past year.

The 48 staff and the Board of Directors take our mission very seriously. We expect to be the area's resource for addiction prevention and treatment and to factors associated with addiction for another 50 years.

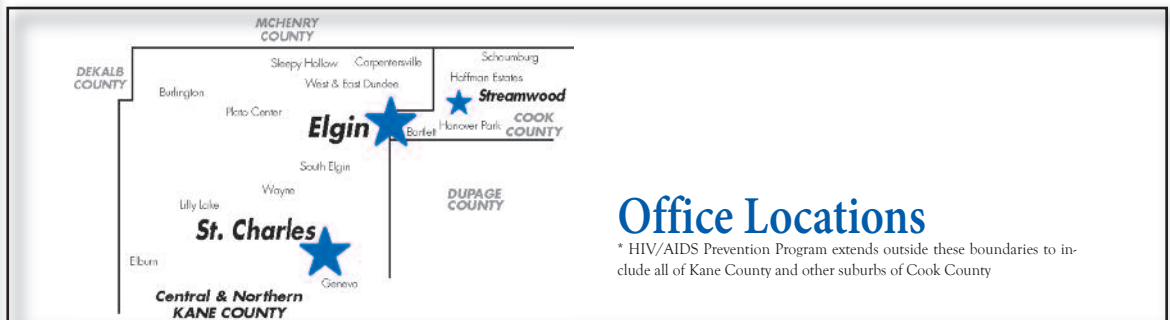
Sincerely,



Ian Jones
Ian Jones, M.D.
Board President



Jerry Skogmo
Jerry Skogmo
Executive Director



Clinical Services

Clinical Services offers an array of programs to those who suffer from substance abuse and or problem and compulsive gambling as well as those who are affected by another's addiction.

This past year our clinical team:

- provided services for 1024 clients (698 males and 326 females)
- provided 29,357 hours of counseling services
- provided 2601 hours of case management services
- provided 73 HIV tests and 174 hours of HIV education through our clinical HIV counseling and testing program

The clinical team has an incredible combination of experience and expertise. Each day, our clinicians strive to help those who have been devastated by addiction. Our clinicians comprise a group of talented,

knowledgeable, compassionate, energetic and professional individuals who continually try to improve our programming in order to best serve our clientele. Committed to facilitate behavior change and help families heal, staff support the client as they begin the process of recovery and a life of health and serenity.

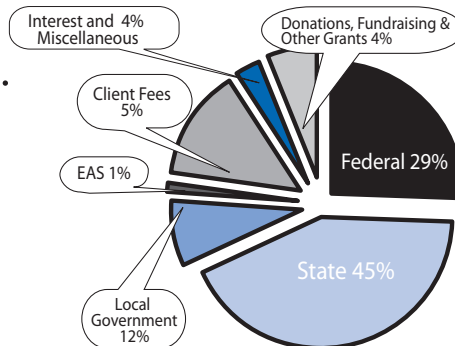
Individualized care is offered through a menu of services, including specialized groups, individual, and family sessions. We also address specific needs including:

- Positive coping and stress management skills;
- Specialized services for clients who have been diagnosed with both a substance abuse and mental health disorder;
- Relapse prevention strategies for those who have received treatment in the past;
- Gender specific care to address sensitive issues of

Continued on page 4

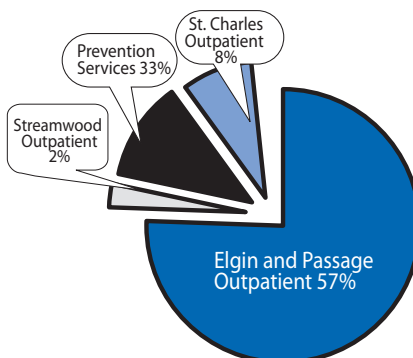
2011 Revenue

Federal	\$719,618	29.1%
State	1,111,551	44.9%
Local Government	281,991	11.4%
United Way/Community Chest	11,522	0.5%
EAS	14,029	0.6%
Client Fees	134,476	5.4%
Interest & Miscellaneous	104,838	4.2%
Fundraising & Contributions & Other Organizations	96,084	3.9%
Total Revenue	\$2,474,109	100%

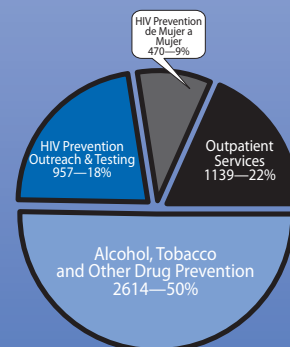


2011 Expenses

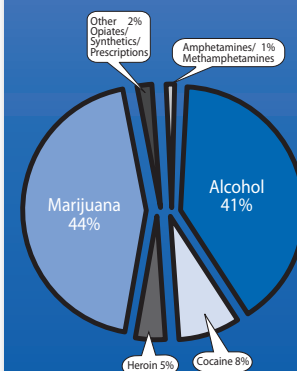
Elgin & Passage Outpatient	\$1,354,214	57%
Streamwood Outpatient	43,533	2%
St. Charles Outpatient	177,934	8%
Prevention Services	774,967	33%
Employee Assistance Services	8,581	<1%
Total Expenses	\$2,359,229	100%



People Served



Primarily Abused Substances



NEVER Too Late

Calvin began drinking in his twenties. In his thirties his drinking escalated and he received a DUI. At 41 years old, his mother passed away and he drank 2-3 bottles of vodka a week. In the next few years he was drinking more, increasing his tolerance and using alcohol to cope. He was unable to limit his drinking and wouldn't stop until he passed out. When Calvin came into the CHIP* program he was unemployed, homeless, had no source of financial support, low self-esteem, did not recognize his alcoholism, and had minimal coping skills to deal with life's stresses. He had no emotional support due to losing relationships with family members because of his drinking behavior.

Calvin began attending the Intensive Outpatient Program at Renz Center, including an individual and group counseling sessions four evenings each week. Shortly after beginning the intensive outpatient program, he began to recognize the extent of his alcoholism and the consequences of his alcohol use. He completed intensive outpatient, stepped down to outpatient services, and found full-time employment. In addition to having over a year of sobriety, being employed, and having improved overall well-being, Calvin is now living independently. He moved out of Lazarus House in May of 2010 and eventually moved into his own apartment in October of that year. He is now attending church weekly and exercising 3-4 times

a week. He is repairing his relationship with his family and is building a sober support system through Alcoholics Anonymous.

Calvin has done exceptionally well in substance abuse treatment. He is attending a relapse prevention process group and individual counseling sessions. He has remarked about how much he is continuing to gain from the Renz Center counseling services. In addition to Lazarus House services and Renz Center, Calvin has utilized the CHIP program referrals and has sought medical care through the Greater Elgin Family Care Center. Calvin's motivation, along with the help of the CHIP case manager, has allowed him to receive a great deal of services and support through community resources. He proudly celebrates his sobriety and all the positive changes in his life.

**The CHIP program is a Community Homeless Integration Project funded by Substance Abuse Mental Health Services Administration (SAMHSA), a program of the federal government. CHIP allows Renz Center to provide intensive case management to individuals who are at risk (or are) homeless. The project is a collaboration with three local shelters (Community Crisis Center, Lazarus House, and PADS of Elgin), Ecker Mental Health Center and the Greater Elgin Family Care Center.*

Administration

Jerry Skogmo
Executive Director

Carlos Chavez
**HIV/AIDS Prevention
Coordinator**

Deb Howe
**Marketing &
Development Director**

Ricardo Gasca
**ATOD Youth
Prevention Coordinator**

Colleen Koncilja
**Clinical Services
Director**

Katie Stauffer
**HIV/AIDS Prevention
Coordinator**

Lora Tovar
**Administrative
Services Coordinator**



Employee Assistance Services



EAS continues to provide timely and personalized behavioral health services to the employees of contracted organizations. This specialized 24 hour professional counseling service responds to individual and/or supervisor concerns. Services may also include group training sessions developed to meet the unique needs of the organization. For more on Employee Assistance Services, visit www.employeeassistanceservices.com or call Jerry Skogmo at 847-742-3545 x232.

Clinical Services continued from page 3

- parenting, trauma, and domestic violence;
- Cognitive Changes with criminal thinking, errors, and behaviors;
- Parenting challenges for those in early recovery; **and**
- Developing a support system which is conducive to long-term abstinence.

This past year we helped many people understand how their substance abuse or dependency and or compulsive gambling has hurt their families, friends, and themselves. We have intervened at critical times and have assisted people in choosing a better life. Families were changed, healing began, and lives were saved because of our vital work.

ATOD Prevention

Renz Center's Alcohol, Tobacco and Other Drug Prevention Services aims to reduce and/or eliminate alcohol, tobacco and drug addiction and consequences of addiction through:

- skill building programming for youth,
- prevention education for parents and the community,
- and training for intervention procedures for those who sell or serve alcoholic beverages.

The Prevention Program has a team of Prevention Specialists who work with youth in the schools and adults in the community to promote healthy lifestyle behaviors while also working cooperatively with other community-based organizations and local drug and gang task force members to help make our community a safer, healthier place for our children.

Prevention programming impacted the lives of over 2600 youth, parents and other adults last year. Prevention Services for youth and adults were provided through a variety of methods and multiple locations. Programming and/or presentations took place through cooperation with the following organizations:

- Algonquin Middle School
- Bartlett High School Drug Prevention Club
- Canton Middle School
- Centro de Informacion in Hanover Park
- Dundee Middle School
- Elgin Gang & Drug Task Force
- Elgin High School Drug Prevention Club
- Elgin Hispanic Network
- Garfield Elementary School
- Hanover Township Open Gym Program
- Kimball Middle School
- Larkin Center
- Larsen Middle School Breakfast Club
- Laurel Hill Elementary School
- South Elgin High School
- Summer Soccer Camp at Good Shepherd Lutheran Church
- Washington Elementary School
- YWCA of Elgin

In addition to the evidenced-based programming, staff also participated in Red Ribbon Week activities and brought high school youth to the Illinois Teen Institute, a leadership training conference for youth to gain leadership skills to help themselves and others choose a drug-free lifestyle.

*<http://www.samhsa.gov/data/NSDUH/2k10Results/Web/PDFW/2k10Results.pdf>

“My counselor is wonderful, trustworthy, non-judgmental, and a key part of my recovery.”

Changing attitudes and beliefs about substance use is at the core of prevention education. Helping youth realize that despite common belief, the majority of middle school students are not using alcohol and drugs, and in fact, using marijuana does effects brain function, is addictive and can affect their future. To this end, All Stars programming, used in middle schools last year, had a positive impact on students' beliefs about marijuana use. The pre- and post-test survey results, measured a 4 percent increase in students who felt that using marijuana would interfere with their goals. This increase is significant as a nationwide survey revealed that marijuana is the most commonly used illicit drug and that the rate of use increased from 5.8 to 6.9 percent (14.4 millions to 17.4 million).*

HIV Prevention

The goal of HIV Prevention Services is to reduce the number of individuals who test positive for HIV through the use of Effective Behavioral Interventions, group prevention, individual risk-reduction counseling and testing sessions. Services are provided in both English and Spanish at many locations throughout suburban Cook and Kane counties. Last year, prevention specialists conducted 524 HIV tests and risk-reduction counseling services for 298 individuals.

Specific Programs Include:

- Dos Espiritus - a support group for Latino gay men
- Latina SISTA - a five session group intervention for Latinas
- Project START - six individualized sessions with incarcerated individuals
- De Mujer a Mujer - an HIV & Wellness prevention education program for Latinas.

Program highlights:

- The National Library of Medicine provided a two year grant to create a computer lab to provide free instruction for individuals to learn about HIV and other health issues while navigating the massive National Library of Medicine website.
- 400 individuals learned more about HIV and the importance of a healthy lifestyle through the Mujer Program, in addition, Latina women received training to become Peer Educators/Promoters. These women promoted healthy lifestyle information to their peers and perpetuated the Mujer a Mujer HIV Prevention message.
- Offered HIV services to the detainees of Kane County Jail located in St. Charles, IL. This partnership has allowed the detainees to benefit from HIV testing and risk-reduction counseling, the Latina SISTA program, and Project START.
- Completed a Community Discovery (CD) project which consisted of one-to-one interviews and focus groups with priority populations. The CD process helped to identify the social networks, social gathering sites, behaviors and needs of those at highest risk. Project reached 250 individuals.
- Received funding from the Illinois Department of Public Health's Office of Minority Health to conduct the Hermanos de Luna Y Sol intervention with immigrant Latino gay men. This program was well received and very successful. The program reached 32 immigrant men completing 128 group sessions.

Fundraiser for the EPICURIOUS...

EPICUREAN DELIGHT

EPICUREAN DELIGHT

Renz Addiction Counseling Center held their Epicurean Delight fundraiser on September 24th, 2010, at Elgin Community College's Culinary Arts restaurant Spartan Terrace.

Jerry Skogmo, executive director of Renz Center, introduced emcee **Rick Jakle**, of WRMN and Fox Valley Broadcasting who brought his unique energy to the event. The "stars" of the event were the "Celebrity Chefs"- **David Bear**, of McDonald's Restaurants of Elgin, **Mary Hyatt** of Kane County Probation Department, **Deborah Pankey**, Daily Herald Food Editor, and **Jeff Risch** of SmithAmundsen.

All of the chefs were paired with **Elgin Community College student chefs** as they prepared Bourbon Shrimp, Choriso & Beef Empanandas, Argentinean Corn Empanandas, and Carved Beef Tenderloin with Horseradish Cream at action stations in the room. There was also an elegant selection of assorted chocolate sweets, including a Cupcake Station featuring strawberry cupcakes with lemon crème frosting and chocolate malt cupcakes with cherry mousse filling or

chocolate malt buttercream frosting.

The grand finale demonstration in the presentation kitchen was conducted by ECC Pastry Chef **Chrystie Boukhalfa** and displayed on two large screens in the room. Chrystie narrated her cake decorating demonstration as she fielded questions from the audience. Chef Boukhalfa even prepared a custom decorative piece for the cake in the shape of the Renz logo.

Highlights of the evening included a basket raffle, and presentation of the Julie McCormack Award to **Lane Hoffman** for supporting the mission of Renz Center.

The intimate event raised over \$15,000 to support alcohol/drug prevention education programs for youth and treatment programs for adolescents & adults at Renz Addiction Counseling Center. Major sponsors included First Community Bank, Tighe Kress & Orr P.C., Susan Angell-Case of Baird & Warner, EFS Foundation, IHC Construction Companies, Hausner Foundation and BearCo.

MISSION

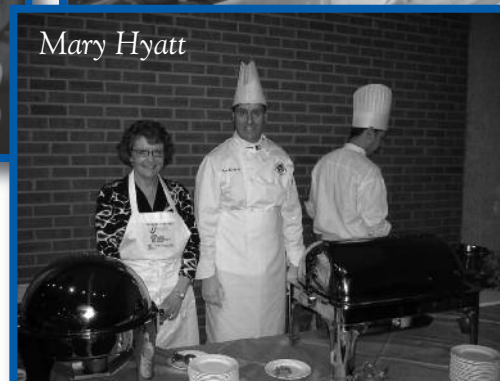
Renz Center is dedicated to the prevention, intervention and treatment of addictive behaviors and disorders and to factors often associated with addiction.

VALUES

Renz Center strives to provide the most effective preventative and clinical care in a safe and nurturing environment through a teamwork approach for anyone affected by addiction or addiction-related issues.

SERVICE PHILOSOPHY

Every client has the potential for growth. Diversity is welcomed and respected. Recovery is not a program or event, but a process. Prevention education strengthens families and communities.



Donors

We appreciate the participation in our annual events and the generous donations made on behalf of Renz Center. Each donor has a special way of making a difference for the agency and the people we serve.

We make every attempt to ensure accuracy in our donor list. Please contact the office at 847-742-3545 x236 if we have missed or misspelled your name. List represents donations and planned giving information received from July 1, 2010 - June 30, 2011.

Funding Sources

AIDS Foundation Global Initiative
 City of Elgin
 Cook County Department of Public Health
 Elgin Township
 EFS Foundation
 Geneva 708 Board
 Geneva Community Chest
 Hanover Township Mental Health 708 Board
 Illinois Department of Human Services – Community Health & Prevention
 Illinois Department of Human Services-Division of Alcohol & Substance Abuse
 Illinois Department of Public Health Office of Minority Health
 Lake County Department of Public Health
 Illinois Public Health Association
 Kane County Probation & Second Chance Program
 National Library of Medicine
 Schaumburg Township 708 Board
 School District #300
 Sheridan Correctional Center
 St. Charles Mental Health 708 Board
 Substance Abuse and Mental Health Services Administration
 The Federal Government
 U.S. Probation and Pretrial Service
 United Way of Central Kane County

Jaser Abdallah
 Accumation, Inc.
 Adler Planetarium
 Al's Café and Creamery
 Kenya Andrews
 Susan Angell-Case
 Scott & Cristen Austgen
 Christine Awe
 Bartlett Park District
 David Bear
 Karen Beckmann
 Henry Behrens
 Rev. Allen & Mary Belanger
 Bespoke Cuisine
 Best Western Clock Tower Resort
 Bethlehem Lutheran Church
 Bruce & Laurie Beu
 Karen Beyer
 Lauri Bitter
 Blue Man Group
 Marcos Bostho
 Terry Bowen
 Sharon Bus
 Rob Castillo
 James W. Ceithaml
 Cheesecake Factory
 Chicago Bulls
 Chicago Coffee Roastery
 Chicago Wolves Pro Hockey
 Chicago Zoological Society/
 Brookfield Zoo
 Circle Of Service Foundation
 Circus World
 Carolyn Clark
 Classic Cinemas 12
 Darlene Coats
 Cooper's Hawk Winery &
 Restaurants
 Costco Wholesale
 Mark & Kim Crown
 Dave & Busters
 Jacqueline DeLaney
 Myrel Derus
 Mary Dewees
 Dick's Sporting Goods
 Tami Dominic
 ECC - G.L.O.B.E.S. Diversity Club
 EFS Foundation
 Elgin Community College Arts
 Center
 Elgin Junior Womans Club
 Elgin Parks & Recreation
 Department
 Elgin Public House
 Eli's Cheesecake Company
 Embassy Suites Hotels
 Jolie Esposito
 Richard & Doris Evers
 Jill Falls
 Family Service Association of
 Greater Elgin Area
 Farmers' Guest House
 First Chicago Bank & Trust
 First Community Bank
 Fox Valley Fire & Safety Co.
 Dan & Karen Fox
 Gilmore Marketing Concepts
 Goodsearch
 Frank Gotthard
 Graham's Fine Chocolates
 Grand Victoria Foundation
 Dawn Grant
 Bob Hansen
 Hausner Foundation
 Lane Hoffman
 Deb Howe
 Marv & Marilyn Howe
 Mary Hyatt
 IHC Construction Companies, LLC
 Illinois Railway Museum
 ITW Shakeproof - Illinois Tool
 Works Foundation
 Rick & Sharon Jakle
 Jewel-Osco
 Elsa Jimenez
 Dr. Ian & Jane Jones
 Kane County Cougars
 Kiwanis Club of Elgin
 Frank & Colleen Koncilja
 Kountry Kennels
 Marilyn Kuffel
 L2O
 James Lamkin
 Legoland Discovery Center
 Little Home Church by the Wayside
 Michael & Joyce Lueth
 Lynfred Winery
 Miriam Lytle
 Maggiano's Little Italy
 Manning Silverman & Company
 Darlene Marcusson
 Dennis & Lorna Marquis
 Marriott Theatre In Lincolnshire
 Martini Room
 Ruth Miller
 Elmer Miner
 Chris & Mary Jo Minick
 Sindhura Mittinti
 Brian Monson
 Bill & Sue Moylan
 Ruth Munson
 Museum Of Science and Industry
 Laura & Steve Newman
 Robert Nichols
 Nick's Pizza & Pub
 Omni Hotels
 Barbara Pachmayer
 PADS-Public Action to
 Deliver Shelter
 Stephen Page
 Paramount Theatre
 Michael & Betsy Penny
 Angie Peralez
 George & Elizabeth Phelan
 Pirate's Cove
 Michael Poper
 Laura Poss
 Potbelly Sandwich Works
 Province
 Lysette Pullman
 Rainforest Cafe
 Rauschenberger Partners, LLC
 Ron & Barb Razowsky
 Jeff Risch
 Robert J. Bronski, DDS, MS
 Romano's Macaroni Grill
 Joe & Maureen Rosenfeld
 Second City
 John & Marlene Shales
 Shedd Aquarium
 Jerry & Mindy Skogmo
 Scott & Helen Smith
 Springhill Gymnastics, Inc.
 St. Mary's Church of Gilbert
 Katie Stauffer
 Sean Stegall
 Andrea Suddeth
 Sylvia & Eugene Tester
 Tighe, Kress & Orr, P.C.
 Robert & Chrissy Tighe
 Linda Tkachenko
 Sherry Totzke
 Lora Tovar
 Maureen Tovar
 Town of Elgin
 TRU
 Unitarian Universalist Church
 Village of Streamwood
 Jackie Vince
 W.R. Meadows
 Mike & Sheila Walsh
 Weber Grill
 Barbara Weiner
 Tracy Wiskirchen
 Wendy Withers
 Susan Witwicki
 June Wooten
 Zurich Foundation

Collaborations

At Renz Center, our work is often dependent on other resources in the community. Renz Center's staff greatly appreciates the collaborative relationship we enjoy with the following agencies:

BPAC, Boys & Girls Club, Breaking Free, Centro de Informacion, Children's Home and Aid Society, Community Crisis Center, Community Health Partnership in Aurora, Community Unit School Districts #46 and #300, Cook County Court Services, Cook County Department of Public Health, Department of Children and Family Services, Ecker Center for Mental Health, Elgin Community College, Elgin Gang & Drug Task Force, Elgin Hispanic Network, Elgin Housing Authority, Elgin Mental Health

Center, GEO/Abraxas Youth and Family Services, Greater Elgin Family Care Center, Hanover Township Youth & Family Services, Illinois Alcoholism and Drug Dependence Association, Illinois Department of Public Health, Illinois Public Health Association, Kane County Adult Justice Center, Kane County Adult Drug Court, Kane County Diagnostic Center, Kane County Juvenile Drug Court, Kane County States Attorneys Office—Second Chance Program, Larkin Center for Children & Adolescents, Hanover Park District, Lazarus House, Loyola Medical Center, National Minority AIDS Coalition, Open Door Clinic, PADS of Elgin, Visiting Nurses Association, Vitas Innovative Hospice Care, YMCA of Elgin, and the YWCA of Elgin.

“I feel that Renz (Center) is my second home/family. I cannot imagine how I could have maintained my sobriety this long without them.”



Fax: (847) 697-5583 (Admin. & EAS)
Fax: (847) 697-2719 (Prevention)
(847) 742-3545
Elgin, IL 60120
One American Way

**ADMINISTRATION
EMPLOYEE ASSISTANCE SERVICES
PREVENTION OFFICE**

Fax: (630) 837-7184
(630) 837-6445

STREAMWOOD OUTPATIENT
1535 Burgundy Parkway
Streamwood, IL 60107

Fax: (630) 513-6892
(630) 513-6886

ST CHARLES OUTPATIENT
309 Walnut Street
St. Charles, IL 60174

Fax: (847) 697-6583 (Passage)
Fax: (847) 742-3559 (Outpatient)
TD: (847) 742-0242
(847) 742-3545
Elgin, IL 60120
Two American Way

ELGIN OUTPATIENT & PASSAGE PROGRAM
www.renzcenter.org

